



BroncoBeat

Balada

Count : 64

Wall: 4 Level: Phrased Intermediate

Choreographer : [Francien Sittrop](#) (April 2012)

Music: Balada Boa – Gustavo Lima (iTunes)

Intro: Start after 16 counts from the beginning - Sequence: AA B AA BBBB
A BB B(16)

Section A: 32 counts.

[1 – 8] Rocking Chair , Shuffle fwd. Step fwd Pivot ½ R

1 – 2Rock R fwd. Recover on L

3 – 4Rock R back, Recover on L

5 & 6Step R fwd , Step L next to R, Step R fwd

7 – 8Step L fwd. Pivot ½ Turn R

[9-16] Shuffle fwd, ½ Turn L , Cross Side, Cross Shuffle

1 & 2Step L fwd. Step R next to L , Step L fwd

3 – 4¼ Turn L step back on R, ¼ Turn L step L to the L side

5 – 6Step R across L, Step L to L side

7 & 8Step R across L. Step L to L side. Step R across L

[17-24] Side Rock Recover, Behind Side Cross, Side Rock Recover , Coaster Step

1 – 2Rock L to L side. Recover on R

3 & 4Step L behind R. Step R to L side , Step L across R

5 – 6Rock R to R side. Recover on L

7 & 8Step R back, Step L next to R. Step R fwd

[25-32] Step fwd ,Pivot ½ R, Shuffle fwd, Heel Ball Step 1/8 Right x2

1 – 2Step L fwd, Pivot ½ Turn R

3 & 4Step L fwd., Step R next to L, Step

5 & 6Touch R Heel fwd 1/8 to the R, Step R down. Step L fwd

7 & 8Touch R Heel fwd 1/8 to the R, Step R down. Step L fwd

Section B: 32 counts.

[1 – 8] Samba Steps x2, 2 Walks fwd . Kick Ball Step ,

1 & 2Step R across L, Rock L to L side, Recover on R

3 & 4Step L across R, Rock R to R side, Recover on L

5 - 6Walk fwd R L

7 & 8Kick R fwd. Step R down. Step L fwd



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[9 – 16] Side Together, Chasse , Rock Recover, ¼ L with Chasse

1 – 2 Step R to R side, Step L next to R

3 & 4 Step R to R side, Step L next to R, Step R to R side

5 – 6 Rock L fwd, Recover on R

7 & 8 ¼ Turn L step L to L side, Step R next to L, Step L to L side

[17-24] Vaudevilles x2 (Travelling fwd) , 2 Walks fwd, Shuffle fwd

1&2 Step R across L, Step L back, Touch R Heel fwd, Step R down

3&4 Step L across R, Step R back, Touch L Heel fwd, Step L down

5 – 6 Walk fwd R L

7 & 8 Step R fwd, Step L next to R, Step R fwd

[25-32] Rocking Chair, Rock Recover, ¼ L with Chasse

1 – 4 Rock L fwd, Recover on R, Rock L back, Recover on R

5 – 6 Rock L fwd, Recover on R

7 & 8 ¼ Turn L step L to L side, Step R next to L, Step L to L side