



Body In Motion

Choreographed by Peter Metelnick

Description: 64 count, 4 wall line dance

Music: **Angelina** by Lou Bega

If I Said You Had A Beautiful Body (Dance Mix) by Bellamy Brothers

Brown Sugar by Collin Raye

RIGHT SIDE STEP, LEFT TOGETHER, RIGHT SIDE SHUFFLE, LEFT FORWARD ROCK & RECOVER, ½ LEFT TURNING TRIPLE

1-2 Step right foot to right side, step left foot together

3&4 Step right foot to right side, step left foot together, step right foot to right side

5-6 Rock left foot forward, recover weight on right foot

7&8 Turning ½ left step left foot forward, step right foot together, step left foot together

RIGHT SIDE STEP, LEFT TOGETHER, RIGHT SIDE SHUFFLE, LEFT FORWARD ROCK & RECOVER, ¼ LEFT TURNING TRIPLE

1-6 Repeat counts 1-6

7&8 Turning ¼ left step left foot forward, step right foot together, step left foot forward

RIGHT FORWARD TURNING ½ LEFT, LEFT KICK, LEFT COASTER STEP, RIGHT FORWARD, LEFT TOUCH TOGETHER, LEFT SIDE MAMBO

1-2 Step right foot forward turning ½ left, kick left foot forward

3&4 Step left foot back, step right foot together, step left foot forward

5-6 Step right foot forward, touch left toes together

7&8 Rock left foot to left side, recover weight on right foot, touch left toes together

LEFT BOX WITH ¼ LEFT TURN

1-2 Step left foot to left side, step right foot together

3&4 Step left foot forward, step right foot together, step left foot forward

5-6 Step right foot to right side, turning ¼ left on right foot touch left toes together

7&8 Step left foot to left side, step right foot together, step left foot to left side

WEAVE LEFT 2, RIGHT SAILOR STEP, WEAVE RIGHT TURNING ½ LEFT, LEFT SIDE TRIPLE

1-2 Cross step right foot over left, step left foot to left side

3&4 Cross step right foot behind left, step left foot to left, step right foot right

5-6 Cross step left foot over right, turn ½ left on right foot while lifting left foot

7&8 Step left foot to left side, step right foot together, step left to left side



FULL TURN LEFT TRAVELING LEFT, RIGHT CROSSING TRIPLE, LEFT SIDE ROCK & RECOVER, LEFT CROSSING TRIPLE

1-2 Cross step right foot over left turning $\frac{1}{2}$ left, complete full turn left pivoting $\frac{1}{2}$ left on right foot and stepping left foot to left side

3&4 Cross step right foot over left, step left foot together, cross step right foot over left

5-6 Rock left foot to left side, recover weight on right foot

7&8 Cross step left foot over right, step right foot together, cross step left foot over right

RIGHT SIDE STEP & LEFT TOUCH, $\frac{3}{4}$ LEFT TURNING TRIPLE, RIGHT ROCK BACK & RECOVER, RIGHT FORWARD TRIPLE

1-2 Step right foot to right side, touch left foot together

3&4 Turning $\frac{1}{4}$ left step left foot forward, turning $\frac{1}{2}$ left step right foot back, step left foot together

5-6 Rock right foot back, recover weight on left foot

7&8 Step right foot forward, step left foot together, step right foot forward

LEFT FORWARD TURNING $\frac{1}{2}$ RIGHT, RIGHT KICK, RIGHT COASTER STEP, LEFT FORWARD, RIGHT TOUCH TOGETHER, RIGHT SIDE MAMBO

1-2 Step left foot forward turning $\frac{1}{2}$ right, kick right foot forward

3&4 Step right foot back, step left foot together, step right foot forward

5-6 Step left foot forward, touch right toes together

7&8 Rock right foot to right side, recover weight on left foot, touch right toes together

REPEAT

'Body In Motion'