



BREATHE EASY

Choreographed by: Maria Maag (Denmark)

Music: **Breathe Easy** by **Blue**

Descriptions: 32 count, 4 wall, Intermediate/Advanced level line dance

Intro: 8 counts from first beat

Restart: On Wall 5 after 16 counts (facing 12:00)

Note: Thank you Birthe Tygesen for telling me about this piece of music?

1-8 Step Fw. R Sweep L, Jazz Box ½ Turn L Step Full Spiral L, Step Step ¼ L Cross, ¼ Turn R ¼ Turn R Cross Rock L Recover R, Basic Nightclub L

1 Step fw. R and sweep L (1) **12:00**

2&a3 Cross L over R (2), turn ¼ L stepping back R (&), turn ¼ L stepping fw. L (a), step fw. R and make a full spiral turn L on R (3) **06:00**

4&a5 Step fw. L (4), step fw. R (&), turn ¼ L stepping L to side (a), cross R over L (5) **03:00**

6&a7 Turn ¼ R stepping back L (6), turn ¼ L stepping R to side (&), cross rock L over R (a), recover R (7) **09:00**

8&a Step L to side (8), close R behind L (&), cross L over R (a) **09:00**

9-16 ¼ R Sweep L ¼ R, Weave R Sway R, Sway L R L, Basic Nightclub R Turn ¼ L ½ Turn L And Sweep ½ Turn L, Run Fw. L Run Fw.R Run Fw. L

1 Turn ¼ R stepping down R and sweep L ¼ R on R (1) **03:00**

2&a3 Cross L over R (2), step R to side (&), cross L behind R (a), step R to side sway R (3) **03:00**

4&a5 Sway L (4), sway R (&), sway L (a), step R to side (5) **03:00**

6&a7 Close L behind R (6), cross R over L (&), turn ¼ L stepping fw. L (a), make a ½ turn L stepping back R and sweep L ½ turn L **12:00**

8&a Run fw. L (8), run fw. R (&), run fw. L (a) **12:00**

Option :

full triple turn L

Restart:

Wall 5

17-24 Rock Fw. R, Run Back L R L Slightly Bend L Knee And Point R To Side, ¼ Turn R Stepping Fw. R Step ¼ Turn R Cross L, CCW Rolling Vine L Side Rock R Recover, Step R Diagonally Fw. L Step ½ Turn R

1 Rock fw. R (1) **12:00**

2&a3 Recover L (2), run back R (&), run back L (a), bend L knee and point R to side (3) **12:00**

4&a5 Turn ¼ R stepping fw. R (4), step fw. L (&), turn ¼ R stepping down R (a), cross L over R (5) **06:00**

6&a7 Turn ¼ L stepping back R (6), make a ½ turn L step fw. L (&), turn ¼ L rock R to side (a), recover L (7) **06:00**

8&a Step R diagonally fw. L (8), step fw. L (&), make a ½ turn R stepping down R (a) **10:30**



**25-32 Step L Fw, Mambo Fw. R Step Fw. L Sweep R, Jazz Box 3/8 R Turn R ¼
R Step L To Side Sweep R, Behind ¼ L Step R Fw, ½ Turn L, Back Rock L
Recover R Run L R L**

1 Step fw. L (1) **10:30**

2&a3 Rock fw. R (2), recover L (&), step R next to L (a), step fw. L and sweep R (3) **10:30**

4&a5 Cross R over L (4), turn 1/8 R stepping back L (&), turn ¼ R stepping fw. R (a), turn ¼ R stepping L to side and sweep R (5) **06:00**

6&a7 Cross R behind L (6), turn ¼ L stepping fw. L (&), step fw. R (prep upper body slightly R) (a), make a ½ turn L on R (7) **09:00**

&a8&a Rock back L (&), recover R (a), run fw. L (8), run fw. R (&), run fw. L (a) **09:00**

Ending Wall 7, after 4&a counts : cross R over L (5) facing 12:00, at the same time sweep L

Enjoy:-)

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1st March 2014