

Cha Cha Your Body

32 Count 4 Wall Funky Little Cha

Choreographed by Debbie Ellis & Rob Fowler

Music By Tom Novy & Michael Marshall CD Pump It Up Cardio Workout (Available on Itunes)

Side, Rock Step, Cha Cha Forward, Rock Step, ¼ turn Side Chasse

- 1,2,3 Step Left To Left Side, Rock back on Right, Recover forward onto Left
- 4&5 Step forward Right, Step Left behind Right, Step forward Right
- 6,7 Rock forward Left, Recover back on Right
- 8&1 Make ¼ turn Left step left to Left side, Step Right Next to Left, Step Left to Left Side

Cross ½ turn Right, Cha Cha Side Rock Touch, Chasse Left

- 2,3 Cross Right Over Left, Step Left To Left Side
- 4,5,& Make ½ Turn Right Stepping Right To Right Side, Step Left Next To Right, Step Right Next To Left
- 6&7 Rock Left to Left side, Recover to right, Touch Left Next to Right
- 8&1 Step Left to Left Side, Step Right Next To Left, Step Left to Left Side

Rock Step, Side Chasse ¼ Turn, Step ½ Pivot Turn Right, ¼ Turn Right Side Chasse Left

- 2,3 Rock Right Over Left, Recover Back on Left
- 4&5 Step Right to Right Side, Step Left Next To Right, Make ¼ turn Right Step on Right
- 6,7 Step Forward Left, Make ½ Turn Right
- 8&1 Make ¼ Turn Right stepping Left to Left Side, Step Right next to Left, Step left to Left Side

Rock Recover, ½ Hinge Turn, Hip Bumps(Booty Shake)

- 2,3 Rock Back Right, Recover Forward on Left,
- 4,5 Step Forward Right, Make ½ turn Left stepping Left To Left Side
- 6,7,8 Bump Hips Right, Bump Hips Left, Bump hips Right(Alternatively Booty Shake Anti Clockwise for 3 counts)

End Of Dance