



BroncoBeat

## Concrete Angel

**Count :** 32 **Wall:** 2 **Level:** Intermediate / High Intermediate NC

**Choreographer :** [Dee Musk](#) (Eng)

**Music:** 'Concrete Angel' – Martina McBride. Album: Hits and More [Approx 4 mins 13 secs]

**16 Count Intro. Approx 24 secs. BPM 80**

### **Step Rock Recover, Back, Run Run, Back Rock, ¼ Turn L Behind, 1/2 Turn R, Step Behind With Sweep.**

1,2&Step forward R, rock forward on L, recover weight to R.

3,4&Step back on L, run back R, L.

5,6Rock back on R, recover weight to L.

7&Make a ¼ turn L stepping R to R side, cross L behind R.

8&Make a ¼ turn R stepping forward on R, make a ¼ turn R stepping L to L side.

1Cross R behind L whilst sweeping L from front to behind R. (3 o'clock).

### **Behind Side Cross, ¾ Turn L, Rock Recover, Run Run, ½ Turn L.**

2&3Step L behind R, step R to R side, cross L over R.

4&Make a ¼ Turn L stepping back on R, make a ½ turn L stepping forward on L.

5,6Rock forward on R, recover weight to L.

&7Run back R, run back L.

8&Make a ¼ turn L stepping back on R, make another ¼ turn L stepping forward on L. (12 o'clock).

**\*\*Restart walls 4 & 8 - Begin again.**

### **Cross Rock Recover Side, Cross Rock Recover Side, Cross, ¼ Turn R Side Cross, Full Turn Side.**

1,2&Cross rock R over L, recover weight to L, step R to R side.

3,4&Cross rock L over R, recover weight to R, step L to L side.

5Cross R over L.

6&7Make a ¼ turn R stepping back on L, step R to R side, cross L over R.

8&1Make a ¼ turn L stepping back on R, make a ½ turn L stepping forward on L, make a ¼ turn L stepping R to R side. (3 o'clock).

**(Optional Chasse R counts 8&1).**

### **Back Rock Side, Back Rock ¼ Turn R, Step Full Turn R, Back Together.**

2&3Rock L behind R, recover weight to R, step L to L side.

4&5Rock R behind L, recover weight to L, make a ¼ turn R stepping forward on R.

6&7Step forward on L, make a ½ turn R, weight forward on R make a ½ turn R stepping back on L.

8&Step back on R, close L beside R. (6 o'clock).

**\*Tag - end of wall 1 - begin again facing 6 o'clock**



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**TAG: 8 Count Tag**

**Step, Step ½ Turn R, Step, Step ½ Turn L, Cross Rock Recover Side, Cross Rock Recover Side.**

1 Step forward on R.

2&3 Step forward on L, make a ½ turn R, step forward on L.

4& Step forward on R, make a ½ turn L.

5,6& Cross rock R over L, recover weight to L, step R to R side.

7,8& Cross rock L over R, recover weight to R, step L to L side.

**Restart 1 – During wall 4 begin again facing 6 o'clock.**

**Restart 2 – During wall 8 begin again facing 12 o'clock.**