



Every Night And Day

Choreographer: Ross Brown (UK) ross-brown@hotmail.co.uk

Advanced – 2 Wall Line Dance – 36 Counts

Choreographed To: Promise Me by Beverley Craven (56 BPM),
CD; Promise Me - The Best of Beverley Craven [Length – 3:38]

Intro: 16 Counts (Approx. 16 Secs)

PREP STEP. FULL TURN R. PREP STEP. FULL TURN L. STEP, PIVOT ½ TURN L. STEP, SIDE ¼ TURN R, BEHIND, SWEEP. SAILOR ¼ TURN R with SIDE LUNGE.

- 1 Step forward with right (prepare yourself for your next turn on this step).
- 2 & Make a ½ turn right stepping back with left, make a ½ turn right stepping forward with right.
- 3 Step forward with left (prepare yourself for your next turn on this step).
- & 4 Make a ½ turn left stepping back with right, make a ½ turn left stepping forward with left.
- & 5 Step forward with right, pivot a ½ turn left.
- 6 & 7 Step forward with right, make a ¼ turn right stepping left to the left, cross step right behind left.
- & Sweep left foot from in front of right to behind.
- 8 & 1 Cross step left behind right, make a ¼ turn right stepping forward with right, lunge left to the left.

(12 o'clock)

RECOVER. CROSS. FULL UNWIND R. BASIC NIGHTLUB. STEP ¼ TURN L, SWEEP. WEAVE LEFT.

- 2 & a Recover onto right, cross step left over right, unwind a full turn right.
- 3 – 4 & (Complete unwind) Step right to the right, rock back with left, recover onto right.
- 5 & Make a ¼ turn left stepping forward with left, sweep right foot forward.
- 6 & 7 Cross step right over left, step left to the left, cross step right behind left.
- & 8 Step left to the left, cross step right over left.

(9 o'clock)

SHARP ¾ UNWIND L, SWEEP. BEHIND, SIDE. DIAGONAL RUN. FULL TURN R into BASIC NIGHTCLUB.

BACK ¼ TURN L, SPIRAL ½ TURN L, STEP.

- 1 & (In a sharp motion) Unwind a ¾ turn left, sweep left foot from in front of right to behind.
- 2 & Cross step left behind right, step right to the right.
- 3 & (Facing 1:30) Run forward; left, right.
- 4 & Make a ¼ turn right stepping back with left, make a ½ turn right stepping forward with right.
- 5 – 6 & Make a ¼ turn right stepping left to the left, rock back with right, recover onto left. (1:30)
- 7 & 8 Make a ¼ turn left stepping back with right, make a ½ turn left hooking left across right, step forward with left. **(4:30)**



**(STRAIGHTEN UP) STEP, SWEEP. CROSS, SIDE, BEHIND, SWEEP.
BEHIND, SIDE. STEP, STEP, PIVOT ½ TURN. X2.**

1 & (Straighten up to 6 o'clock) Step forward with right, sweep left foot forward.

2 & 3 & Cross step left over right, step right to the right, cross step left behind right, sweep right foot back.

4 & Cross step right behind left, step left to the left. *R*

5 – 6 & Step forward with right, step forward with left, pivot a ½ turn right.

7 – 8 & Step forward with left, step forward with right, pivot a ½ turn left.

RESTARTS On Walls 2 & 4, restart after Count 4 & (*R*) facing 12 o'clock.

On Wall 5, restart at the end of this Section facing 6 o'clock.

(6 o'clock)

ROCK FORWARD. STEP ½ TURN R. SWEEP ½ TURN R, STEP.

1 – 2 & Rock forward with right, recover onto left, make a ½ turn right stepping forward with right.

3 – 4 Make a ½ turn right sweeping left foot around, step forward with left.

(6 o'clock)

End of Dance. Start again and Enjoy!

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