



FEEL THE ENERGY

Choreographed by: Esmeralda van der Pol (Netherlands)

Music: **La La Love** by Ivi Adamou

Descriptions: 64 count, 2 wall, Intermediate level line dance

Intro: 32 counts

1 Step, Touch, Full Turn L, Shuffle 1/4 Turn L, Cross Shuffle

1-2 Step R fwd, Touch L behind right heel

3-4 1/2 turn L-step L fwd, 1/2 turn L-step R back **(12)**

5&6 1/4 turn L-step L to L side, Step R next to L, Step L to L side

7&8 Cross R over L, Step L to L side, Cross R over L **(9)**

2 Side Rock, Recover, Behind-Side-Cross, Side, Hold & Side Scuff

1-2 Rock L to L side, Recover on R

3&4 Cross L behind R, Step R to R side, Cross L over R

5-6 Step R to R side, Hold

&7-8 Step L next to R, Step R to R side, Scuff L fwd

3 Cross, Back, Chasse L, Jazzbox 1/4 Turn R

1-2 Cross L over R, Step R back

3&4 Step L to L side, Step R next to L, Step L to L side

5-6 Cross R over L, Step L back

7-8 1/4 Turn R-step R fwd, Step L fwd **(12)**

4 Walk, Walk, Out Out, Touch, Touch Back, Unwind 1/2 Turn R, Shuffle Fwd

1-2 Walk fwd, R-L

&3-4 Step R to R side, Step L to L Side, Touch R next to L

5-6 Touch R back, Unwind 1/2 R-weight on RF **(6)**

7&8 Step L fwd, Step R next to L, Step L fwd

5 Side, Touch, Side, Touch, Chasse R, Cross Rock Fwd, Recover

1-2 Step R to R side, Touch L next to R

3-4 Step L to L side, Touch R next to L

****RESTART 5th Wall**

5&6 Step R to R side, Step L next to R, Step R to R side

7-8 Cross rock L fwd, Recover on R



6 Chasse 1/4 Turn L, Full Turn L, Fwd Rock, Recover, Shuffle Back

- 1&2 Step L to L side, Step R next to L, 1/4 turn L-step L fwd **(3)**
3-4 1/2 turn L-step R back, 1/2 turn L-step L fwd **(3)**

*****TAG-RESTART 3rd Wall**

- 5-6 Rock R fwd, Recover on L
7&8 Step R back, Step L next to R, Step R back

7 Step Back, Sweep, Sailor Step, Step Back, Sweep, Sailor Step

- 1-2 Step L back, Sweep R from front to back
3&4 Step R behind L, Step L to L side, Step R to R side
5-6 Step L back, Sweep R from front to back
7&8 Step R behind L, Step L to L side, Step R to R side

8 Back Rock, Recover, Shuffle Fwd, Pivot 1/2 Turn L, Pivot 1/4 Turn L

- 1-2 Rock back on L, Recover on R
3&4 Step L fwd, Step R next to L, Step L fwd
5-6 Step R fwd, 1/2 Turn L-weight on L **(9)**
7-8 Step R fwd, 1/4 Turn L-weight on L **(6)**

TAG-RESTART: In the 3rd Wall after 4 counts of section 6 than you add:

- 5 Step fwd on R
6 1/4 turn L-weight on L
7 Cross R over L
8 Step L to L side

Start The Dance From The Beginning

RESTART: In the 5th Wall after 4 counts of section 5 (side touches)