

## **Flash Dance** 64 count, 4 wall, Intermediate

Choreographer Louise Murphy (UK)  
Flashdance (What A Feeling) by Irene Cara

### **Section 1**

#### **Walk Walk, Hip Bumps, Rock recover, Triple 1/2 Turn**

1-2 Step forward left, right  
3 & 4 Hips right, left, right  
5-6 Rock forward onto left, rock back onto right  
7&8 Triple step, 1/2 turn left, stepping left, right, left

### **Section 2**

#### **Walk Walk, Hip Bumps, Triple 1/4 Turn**

9-10 Step forward right, left  
11&12 Hips left, right, left  
13-14 Rock forward onto right, rock back onto left  
15&16 Triple step 1/4 turn right, stepping right, left, right

### **Section 3**

#### **Cross Side Behind Side, Cross Rock, Chasse Left**

17-18 Cross left over right, step right to right side  
19-20 Cross left behind right, step right to right side  
21-22 Cross left over right, rock back onto right  
23&24 Side shuffle left stepping left, right, left

### **Section 4**

#### **Cross Side Behind Side, Cross Rock Chasse 1/4 Turn**

25-26 Cross right over left, step left to left side  
27-28 Cross right behind left, step left to left side  
29-30 Cross right over left, rock back onto left  
31&32 Side shuffle right, turning 1/4 turn right

### **Section 5**

#### **Paddle Turns, Cross Rock, Triple 1/2 Turn Left**

33-36 Step forward left, paddle turn 1/4 turn right (repeat to complete 1/2 turn right)  
37-38 Cross rock left over right, rock back onto right  
39&40 Triple step 1/2 turn left, stepping left, right, left

### **Section 6**

#### **Heel & Cross, Rock Rock, Sailor Step, Step Pivot**

41&42 Touch right heel forward, step back on right, cross step left over right  
43-44 Rock right to right side, rock onto left in place  
45&46 Cross right behind left, step left to left side, step right to right side  
47-48 Step forward left, pivot 1/2 turn right

### **Section 7**

#### **Shuffle Forwrd, Rock Recover, Turn Turn Right Shuffle**

49&50 Step forward left, close right behind, step forward left

51-52 Rock forward onto right, back onto left

53-54 Step right 1/4 turn right on ball of right, pivot 1/4 turn right stepping left forward

55&56 Step forward right, close left behind, step forward right

### **Section 8**

#### **Behind & Cross, Rock Step, Behind 1/4 Turn, Stopm Stomp**

57&58 Cross left behind right, step right to right side, cross left over right

59-60 Rock to right side on right, rock back onto left

61&62 Cross right behind left, step left to left side, cross right over left, turning 1/4 left

63-64 Stomp forward left and right

#### **Choreographers Notes :**

**The dance starts after the slow introduction on the words 'Well I hear the music ' Note: The hip bumps can be replaced by applejacks.**

**'Flashdance'**