



BroncoBeat

Had A Bad Day ~ 2 Walls, 32 Counts, Intermediate/Advanced Line Dance
Choreographed by Rachael McEnaney (Eng) (Nov 2011)
Choreographed to "Had A Bad Day" by Calle Kristiansson [70 bpm]
Intro : 8 Counts. [00:08]

§1 Back R sweep L, L behind side cross, R side rock cross, side L, ¾ R sailor R, ¼ R L side rock cross, Side R

12&3 Step back R sweep L front to back, cross L behind R, step R to R, cross L over R
&4&5 Rock R to R, recover L, cross R over L, step L to L
6&7&8&** 1 1/8 R cross R behind L, 1/8 R step back L, 1/2 R step fwd R, 1/4 R rock L to L,
recover R, cross L over R**, step R to R [12:00]

** Restart here on wall 7 facing 12:00.

§2 R NC basic, L NC basic, ¼ R, full R, run back R-L

2&3 Step L behind R, cross R over L, step L to L
4&5 Step R behind L, cross L over R, ¼ R step R fwd [3:00]
6&7 1/2 R step back L, 1/2 R step fwd R, rock fwd L [3:00]
8&1 Recover R, step back L, step back R sweep L back

§3 L behind side cross (Sweep R), R cross, L side, rock back R, step R, rock back L, ¼ R, ¼ R, Walk x 2

2&3 Cross L behind R, step R to R, cross L over R sweep R to front
4&5 Cross R over L, step L to L, rock back R open body to R diag. [4:30]
6&7 Recover L, step R to R, rock back L open body to L diag. [1:30]
&8&12 Recover R, ¼ R step back L, ¼ R step R to R, cross L over R, walk fwd R [9:00]

§4 Full R fwd, L mambo drag back, R back rock, step R, ¼ L, R cross, L side

3&4 1/2 R step back L, 1/2 R step fwd R, rock fwd L [9:00]

* Restart here on wall 4 facing 12:00 by adding:

& Recover R sweep ¼ L [12:00]

&5 Recover R, big step back L drag R towards L

6&7&8& Rock back R, recover L, step fwd R, pivot ¼ L, Cross R over L, step L to L [6:00]

Repeat!