



BroncoBeat

Heart Of The Ocean

Choreographed by: Peter & Alison, TheDanceFactoryUK (May 09)

Music: **Mamacita** by **Mark Medlock** (CD: Single [127bpm])

Descriptions: 32 count - 4 wall - Intermediate level line dance

start after 28 count, does not include the crickets

1-8R Fwd, L Side Point, L Together, ½ R Monterey Turn, L Side Rock & Recover, L Together, R Side Rock & Recover

1-2& Step R fwd, point L toes to left side, step L together

3-4 Point R toes to R side, turning ½ right step R together **(6 o'clock)**

5-6& Rock L side, recover weight on R, step L together

7-8 Rock R side, recover weight on L

9-16R Sailor, L Sailor, R Fwd, ½ L Pivot Turn, L Forward Full Turning Shuffle

1&2 Cross step R behind L, step L side, step R side

3&4 Cross step L behind R, step R side, step L side

5-6 Step R forward, pivot ½ left **(12 o'clock)**

7&8 Turning ½ left forward & step R back, turning ½ left forward & step L forward, step R forward

Non-turning option 7&8: R fwd shuffle

17-24L Fwd Rock & Recover, Step L Together, R Fwd Rock & Recover, Step R Together, Step L Fwd, ¼ R Pivot Turn, L Cross Shuffle

1-2& Rock L forward, recover weight on R, step L together

3-4& Rock R forward, recover weight on L, step R together

5-6 Step L forward, pivot ¼ right **(3 o'clock)**

7&8 Cross step L over R, step R to R side, cross step L over R

25-32½ L Hinge Turn Stepping Fwd On 2nd Step, R & L Reverse Sailors Travelling Forward, R Fwd, ½ L Pivot Turn

1-2 Turning ¼ left step R back, turning ¼ left step L forward **(9 o'clock)**

3&4 Cross step R over L, rock L side, recover weight on R (travelling forward)

NB

Last time through you will end here just add a step forward on the LEFT and strike a pose!

5&6 Cross step L over R, rock R side, recover weight on L (travelling forward)

7-8 Step R forward, pivot ½ left **(3 o'clock)**

AFTER every 4 walls dance the following 48 count tag .. LOL! These 48 counts always bring you back to your 12 o'clock wall



BroncoBeat

1-8R & L Reverse Sailors Travelling Forward, R Fwd, ½ L Pivot Turn, 2 Count Full Turn Fwd Turning Left

1&2 Cross step R over L, rock L side, recover weight on R (travelling forward)
3&4 Cross step L over R, rock R side, recover weight on L (travelling forward)
5-6 Step R forward, pivot ½ left **(6 o'clock)**
7-8 Turning ½ left forward step R back, turning ½ left forward step L forward

9-16R Fwd Rock & Recover, R Coaster Cross, L Side Rock & Recover, L Behind-Side-Cross

1-2 Rock R forward, recover weight on L
3&4 Step R back, step L together, cross step R over L
5-6 Rock L side, recover weight on R
7&8 Cross step L behind R, step R side, cross step L over R

17-24R Side Rock & Recover, R Behind-Side-Cross, ½ R Hinge Turn, L Cross Shuffle

1-2 Rock R side, recover weight on L
3&4 Cross step R behind L, step L side, cross step R over L
5-6 Turning ¼ right step L back, turning ¼ right step R side **(12 o'clock)**
7&8 Cross step L over R, step R side, cross step L over R

25-32R Side Rock & Recover, R Behind-Side-Cross, L Side, R Behind-Side-Cross, L Side

1-2 Rock R side, recover weight on L
3&4 Cross step R behind L, step L side, cross step R over L
5 Step L side
6&7 Cross step R behind L, step L side, cross step R over L
8 Step L side

33-40R Cross Rock & Recover, R Ball Cross, R Side, ¼ L & L Side, ¼ L & R Side (Think Of This As Box Turn), L Sailor Step

1-2& Cross rock R over L, recover weight on L, step R back
3-4 Cross step L over R, step R side
5-6 Turning ¼ left step L side, turning ¼ left step R side **(6 o'clock)**
7&8 Cross step L behind R, step R side, step L side

41-48 Repeat Counts 33-40 To Return To Front Wall (12 O'clock) And Begin Dance Again

1-8 Repeat counts 33-40 **(12 o'clock)**

Heart Of The Ocean