



Heave Away

Choreographed by Gerard Murphy

Description:

32 count, 4 wall, intermediate line dance

Music:

Heave Away by The Fables [136 bpm / CD: Tear The House Down]

SHUFFLE, SHUFFLE, TOUCH, KICK, COASTER STEP BACK

1&2 Shuffle forward right, left, right

3&4 Shuffle forward left, right, left

5-6 Touch right next to left; kick right forward

7&8 Right coaster step back right, left, right

STEP HEEL FORWARD, PIVOT ½ TURN, COASTER STEP BACK, HEEL SWITCH LEFT, RIGHT, LEFT, CLAP, CLAP

9-10 Step left heel forward; pivot ½ turn right (with left toes dropping & right heel rising, weight on left)

11&12 Right coaster step back (right, left, right)

13&14&15 Touch left heel forward, replace left next to right, touch right heel forward, replace right next to left, touch left heel forward

&16 Clap, clap

AND SHUFFLE, SCUFF, HOP, STEP, SHUFFLE TURNING ¼ LEFT, ROCK, STEP

&17&18 Replace left next to right; shuffle forward right, left, right

19&20 Scuff left next to right; hop forward on right with left still hitched; step left down next to right

21&22 Turn body ¼ turn left & shuffle right (right, left, right)

23-24 Rock back onto left behind right, rock forward onto right

STEP, BEHIND, COASTER STEP BACK, STEP FORWARD, PIVOT ½ TURN, KICK BALL CHANGE

25-26 Step left to left; step right behind left

27&28 Left coaster step back (left, right, left)

29-30 Step right forward; pivot ½ turn left (weight on left)

31&32 Right kick ball change - right, right, left

REPEAT

HEAVE AWAY TAG...(IT'S EASY!!!)

Completed one time only -- after you complete the full dance twice. You will be facing the back wall

1&2 Right coaster step forward - right, left, right (arms by sides, swinging back)

3&4 Left coaster step back - left, right, left (arms by sides, swinging forward)

5&6 Right coaster step forward - right, left, right (arms by sides, swinging back)

7&8 Left coaster step back - left, right, left (arms by sides, swinging forward)