



BroncoBeat

HIT THE LIGHTS

Choreographed by: Francien Sittrop (Feb 09)

Music: **Lights, Camera, Action** by **Pussycat Dolls** (CD: or The Block [New Kids on the Block] 130bpm)

Descriptions: 48 count - 2 wall - Beginner/Intermediate level line dance

[Intro: Start On the verse \(37 Sec\)](#)

1-8L Cross, Side, Sailor Step, Cross, Side, Sailor Step

1-2 L step across R, Step R to R side
3&4 Step L behind R, Step R next to L, Step L to L side
5-6 Step R across L, Step L to L side
7&8 Step R behind L, Step L next to R, Step R to R side

9-16 Step Fwd, Pivot ½ Turn R, Full Turn R, Rock, Recover, Lockstep Back

1-2 Step L fwd, ½ Turn R **(6.00)**
3-4 Full Turn R With L,R,
5-6 Rock L Fwd, Recover on R
7&8 Lock step back with L, R, L

17-24 Touch Back, ½ Turn R, L Rock and Cross, R Side Rock(hip sways), Recover, Behind, Side, Fwd

1-2 Touch R back, ½ Turn R (weight on R) **(12.00)**
3&4 Rock L to L side, Recover on R, Step L fwd
5-6 Rock R to R side with Hip sways, Recover on L
7&8 Step R behind L, Step L to L side, Step R Fwd

25-32 Rock Fwd, Recover, Shuffle ¾ Turn, Step, Lock, Lock Step

1-2 Rock L to Fwd, Recover on R
3&4 Shuffle ¾ Turn L with L,R,L **(3.00)**
5-6 Step R fwd, Step L behind R
7&8 R Lockstep fwd with R, L, R

33-40 Out, Out (Option: Squads), Coaster Step, Step Fwd, Step Behind, Heel Swivels

1-2 Step L out with knee roll (roll L shoulder from front to back), Step R out with Knee roll (roll R shoulder from front to back) Option: go down your knees on 1- 2 and raise when you do the Coaster step (3&4)
3&4 Step L back Step R next to L, Step L fwd
5-6 Step R fwd, Step L toe behind R heel
&7&8 Heel Swivels Out, In, Out, In

41-48 Step Fwd, ¼ Turn R, Behind, Side, Cross, ¼ Turn R, ½ Turn R, ¼ Turn R with Heel Bounces

1-2 Step L fwd, ¼ Turn R **(6.00)**
3&4 Step L behind R, Step R to R side, Step L across R
5-6 ¼ Turn R and step R fwd, ½ Turn R and step L back
7&8 ¼ Turn R and touch R to R side and Bounce Heels (weight ends on R)

Option:

Hand movement: you can do this every wall but you can also do it only on the second wall on count 7 & 8 when he sings 1-2-3-4 : R arm up and fwd and Point your R index finger down, up, down

REPEAT