

## BroncoBeat

### I'm So Excited

Choreographed by Maggie Gallagher 6th August 2002

Description: 32 count, 4-wall, intermediate level dance

Music: "I'm So Excited" by The Pointer Sisters 185 bpm

*Begin On vocals - 64 count intro*

***Dedicated to: The British Heart Foundation for August 11th 2002***

#### **WALK, CLICK, WALK, CLICK, FORWARD-ROCK, BACK-ROCK**

1& Step forward on right, Click fingers as you swing arms to right

2& Step forward on left, Click fingers as you swing arms to left

3&4& Rock forward on right, Recover weight onto left, Rock back onto right, Recover weight onto left

#### **STEP, 1/4 PIVOT, HEELS, TOES, TOUCH, KICK**

5-6 Step forward on right, Pivot 1/4 left as you swivel heels to right

7& With feet slightly apart: Swivel both heels to left, Swivel both toes to left

8& Touch right next to left, Kick right diagonally forward right

#### **BEHIND-SIDE-CROSS, SIDE STRUT, CROSS STRUT, ROCK-1/4-STEP, TRIPLE 3/4**

1&2 Cross right behind left, Step left to side, Cross step right over left

3& Touch left toe to side, Drop heel to take weight

4& Cross touch right over left, Drop heel to take weight

5&6 Rock left to side, Recover weight onto right with 1/4 turn right, Step forward on left

7&8 On the spot: Step right, left, right to make a 3/4 turn left

#### **SKATE, SKATE, LEFT-LOCK-STEP, FORWARD-ROCK-BACK- HITCH, BUMP 2,3 HITCH**

1-2 With attitude: Skate forward on left, Skate forward on right

3&4 Step forward on left, Lock-step right behind left, Step forward on left

5& Rock forward on right, Recover weight onto left

6& Step back on right, Hitch left knee across right leg (almost to make the number 4)

7& Touch left toe forward bumping hips left and forward, Bump hips right and back

8& Bump hips left and forward, Bump hips right and back and hitch left knee across right leg (almost to make the number 4)

#### **CROSS-SIDE-ROCK-TURN-SIDE-ROCK-CROSS-SWEEP (Modified Monterey)**

1& Cross step left over right, Rock right to side

2& Recover weight onto left, Turn 1/2 right on ball of left as you step right together

3&4& Rock left to side, Recover weight onto right, Cross step left over right, Sweep right to forward

#### **CROSS, BACK, FULL TURN**

5,6 Cross step right over left, Step back on left

7&8& On the spot: Make a full turn right stepping, right, left, right, left

**REPEAT**