



LAST MAN STANDING

Choreographed by: The Lady In Black

CD 2076-9

Music: Last Man Standing by Lucie Silvas from her album Breath In

Descriptions: Phrased Count - N/A wall line dance - Intermediate/Advanced level

Choreographers note: (Looks difficult, it isn't, trust me "she says") 9

Wall 1, (12 o'clock) Dance Whole Dance

Wall 2, (6 o'clock) Dance Whole Dance to end of section 6 then restart (wall 3 at 3 o'clock)

Wall 3, (3 o'clock) Dance Whole Dance

Wall 4, (9 o'clock) Dance Whole Dance

Tag (3 o'clock) Dance Section 1 and counts 1,2&3 of section 2 then turn back ½ Left stepping left fwd

Wall 5 (12 o'clock) Dance Whole Dance

Wall 6 (6 o'clock) finish off by dancing section 1 counts 1,2 & 3, 4 & 5, Pivot ¼ turn right on right sliding left leg out to side on count 6 to face the front!

Section 1

STEP SIDE/ROCK RECOVER/STEP SIDE/CROSS ROCK/1/4 TURN RIGHT/PIVOT 3/4TURN/SLIDE OUT/IN

1,2 & Step right (1), Rock left behind right (2), recover on right (&)

3,4.& Step left (3), Cross rock right over left (4), recover on left (&)

5, 6& Step right ¼ turn right (5), step left fwd (6), Pivot ¾ turn right (&)

7,8 Slide left leg out to left (right knee bent) (7), Drag left leg back up and in front of right (no weight) (8)

(Easy alternative for counts 7,8, Rock left out to left side (7), recover on right (8))

Section 2

CROSS STEP/STEP SIDE/1/4 TURN LEFT/1/2 TURN LEFT/LEFT COASTER/STEP PIVOT ½ STEP STEP PIVOT ½ TURN

1,2& Cross left over right (1), Step right to right (2), Step left ¼ turn left (&)

3, 4&5 Pivot ½ turn left stepping right back (3), Left coaster (4&5)

6 & 7 Step right fwd (6), Pivot ½ turn left (&), Step right fwd (7)

8& Step left fwd (8), Pivot ½ turn right (&)

Section 3

STEP PIVOT ½ TURN/STEP PIVOT ½ TURN/WALKS FWD/ROCKING CHAIR/STEP SWEEP POINT

1& Step left fwd (1), Pivot ½ turn right (&)

2& Step left fwd (2), Pivot ½ turn right (&)

3,4 Walk fwd on left (3), Walk fwd on right (4)

5&6& Rock fwd on left (5), Recover on right (&), Rock back on left (6), recover on right (6)

7&8 Step left fwd (7), Sweep right leg in (&), Sweep right leg out and point to side (8)



Section 4

CROSS WIND FULL TURN LEFT/SWAYS/WALKS BACK/COASTER STEP

1,2 Cross right over left (1) Unwind full turn over left (2)
3,4 Step right to right, sway hips to right (3), Sway hips left (4)
(BODY STYLING OPTIONAL for counts 3,4) bring right across body below chest as you sway right, bring left arm across body below chest)
5,6 Walk back on right (5), walk back on left (6)
7&8 Right coaster step (7&8)

Section 5

¼ TURN /1/2 TURNING SAILOR CROSS/STEP SIDE/ROCK RECOVER SIDE/1/4 SAILOR

1,2&3,4 Turn ¼ turn right stepping left to left side (1), Step right behind left ¼ turn right (2), Turn ¼ turn right stepping left to left side (&), Step right across left (3) Step left to left (4)
5&6 Rock right behind left (5), recover on left (&), Step right to right side (6)
7&8 Step left being right ¼ turn left (7), Step right to right side (&), Step left in place (8)

Section 6

STEP SIDE/1/2 TURNING SAILOR CROSS/STEP SIDE/ROCK RECOVER ¼ TURN/STEP PIVOT ¾ TURN STEP SIDE

1,2&3,4 Step right to right side (1), Step left behind right ¼ turn left (2), Turn ¼ turn left stepping right to right side (&), Step left across right (3) Step right to right side (4)
5&6 Rock left behind right (5), Recover on right (&), Step left ¼ turn left (6)
7&8 Step right fwd (7), Pivot ¾ turn left (&), Step right to right side (8)

Section 7

STEP BEHIND ¼ TURN/STEP SIDE/ROCK RECOVER POINT

1&2 Step left behind right (1), Step right ¼ turn right (&), Step left to left side (2)
3&4 Rock right behind left (3), Recover on left (&), Point right to right side (4)

Start the dance again and enjoy!

Always remember 'It's Just a Dance'