



BroncoBeat

Let's Protect Our Heart

Count : 64 **Wall:** 2 **Level:** High Intermediate

Choreographer : [Winnie Yu](#) (Dancepooh) Canada (May 2012)

Music: Boom Boom by Chayanne

Intro: 56 counts - **Sequence:** 64, 64, Tag 1, 64, 64, 64, Tag 2, 56, 64, 2 (ending)

Sec. 1: DIAGONAL FWD, TOUCH, BACK, KICK FWD, SHUFFLE BACK, BACK ROCK, RECOVER

1-2-3-4 Facing 11:00 step right fwd diagonal right, touch left toe cross behind right heel, square up 12:00 and step left back, kick right forward
5&6 7-8 Step right back, step left besides, step right back, rock left backward, recover onto right

Sec. 2: FWD ROCK, RECOVER, CHASSE L, CROSS ROCK, RECOVER, SAILOR 1/4 RIGHT

1-2 3&4 Rock left fwd, recover onto right, Step left to left side, step right besides left, step left to left side
5-6 Cross rock right over left, recover onto left
7&8 Step right cross behind left and make a ¼ R turn, step left next to right, step right fwd (3:00)

Sec. 3: FWD, KICK FWD, SHUFFLE BACK, 1/2 L FWD, 1/4 SIDE, LEFT COASTER

1-2 3&4 Step left forward, kick right fwd, step right back, step left besides right, step right back
5-6 Make a ½ L turn and stepping left fwd, make a ¼ L turn and stepping right to right (6:00)
7&8 Step left back, step right besides left, step left fwd

Sec. 4: FWD ROCK, RECOVER, TRIPLE FULL TURN RIGHT, LEFT JAZZ BOX SLIGHTLY CROSS

1-2 Rock right fwd, recover onto left
3&4 Make a ½ R turn and stepping right fwd, step left fwd, make a pivot ½ R turn (6:00)
5-6-7-8 Cross left over right, step right back, step left to left side, slightly cross right over left

Sec. 5: REVERSE FULL TURN L, SAILOR STEP, CROSS STRUT, BIG SIDE, DRAG TOGETHER

1-2 Make a ½ L turn left and stepping left fwd, make a ½ L turn left and stepping right back
&3&4 Sweep Left back, step left cross behind right, step right besides left, step left to left side
5-6-7-8& Cross right touch over left, drop right heel down, big step to left side, drag right step beside left



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Sec. 6: CROSS, SIDE, 1/4 L SAILOR, KNEE ROLL STEP – R & L

1-2 Cross left over right, step right to right side

3&4 Make a ¼ L turn and crossing left behind right, step right besides left, step left to L side (3:00)

5-6-7-8 Rotate right knee clockwise (weight on right), rotate left knee counter clockwise (weight on left)

Sec. 7: HEEL SWITCHES, TOE SWITCHES, TOE BEHIND, 3/4 R UNWIND, DIAGONAL LEFT FWD, TOUCH

1&2 Touch right heel fwd, step right besides left, touch left heel fwd, step left besides right

3&4 Touch right to right side, step right besides left, touch left to left side, step left besides right

5-6 Touch right cross behind left heel, unwind ¾ turn right and weight on right (12:00)

7-8 Step left slightly fwd diagonally left, touch right besides left *** Restart on Wall 6 [6:00]

Sec. 8: DIAGONAL RIGHT FWD, TOUCH, FWD ROCK, RECOVER, SHUFFLE ½ L, RIGHT KICK BALL CHANGE

1-2-3-4 Step right slightly fwd diagonally right, touch left besides right, rock left fwd, recover onto right

5&6 Stepping left to left side ¼ turn left, step right besides left, ¼ turn left and stepping left fwd (6:00)

7&8 Kick right forward, step right ball besides left, step left fwd

***Tag 1: After Wall 2 facing 12:00 - 16 counts – Merengue side walk R & L**

1-8 (Step right to R side, step left next to right) x 3, step right to right side, touch left next to right

9-16 (Step left to L side, step right next to left) x 3, step left to left side, touch right next to left

****Tag 2: After wall 5 facing 6:00 – Hold 4 counts**

*****Restart: On 6th Wall, dance until section 7 than restart the dance again (6:00)**