



My Father And Me

Choreographed by Hazel Pace

Description: 64 count, 2 wall, intermediate line dance

Music: **Seeing My Father In Me** by Paul Overstreet

Can't Help It by Scooter Lee

I've Cried My Last Tear For You by Ricky Van Shelton

ROCK, RECOVER, HALF TURN, HOLD, CROSS, SIDE, BEHIND, HOLD

1-2Rock forward on right, rock back on left

3-4Half turn right on ball of left foot stepping forward right, hold

5-6Cross left over right, step right to right side

7-8Cross left behind right, hold

SWEEP BEHIND, SIDE, CROSS, HOLD, ROCK, RECOVER, QUARTER TURN, HOLD

1-2Sweep right foot behind left, step left to side

3-4Cross right over left, hold

5-6Rock forward on left, rock back on right

7-8Step left to side making quarter turn left, hold

CROSS, SIDE, BEHIND, QUARTER TURN, STEP, HALF PIVOT, QUARTER TURN, HOLD

1-2Cross right over left, step left to side

3-4Cross right behind left, step left quarter turn left

5-6Step forward right, half pivot left (weight on left)

7-8Step right to side making quarter turn left, hold

BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS, HITCH HALF TURN

1-2Step left behind right, step right to side

3-4Cross left over right, step right to side

5-6Step left behind right, step right to side

7-8Cross left over right, on ball of left foot half turn left hitching right knee

ROCK, RECOVER, BACK, TOGETHER, WALK, HOLD, WALK, HOLD

1-2Rock forward on right, rock back on left, (small steps)

3-4Step back on right, step left next to right

5-6Step forward right, hold

7-8Step forward left, hold

41-48Repeat counts 33-40

ROCK, RECOVER, BACK, CROSS, BACK, CROSS, BACK, KICK

1-2Rock forward on right, rock back on left

3-4Step back on right, cross left over right

5-6Step back on right, cross left over right

7-8Step back on right, kick left foot forward

ROCK, RECOVER, QUARTER TURN, HOLD, ROCK, RECOVER, QUARTER TURN TWICE

1-2Rock back on left, rock forward on right

3-4On ball of right foot make quarter turn right stepping left to side, hold

5-6Rock right behind left, rock forward on left

7Step right to side making quarter turn left

8On ball of right foot make quarter turn left stepping left to side

REPEAT

TAG

If dancing to "Seeing My Father In Me" by Paul Overstreet, add the tag after the 2nd sequence only

1-2Rock forward on right, rock back on left

3-4Half turn right on ball of left foot stepping forward right, hold

5-6Rock forward on left, rock back on right

7-8Half turn left on ball of right foot stepping forward left, hold