



BroncoBeat

## **MY PROMISE**

Choreographed by: Keith Hunter

**CD 2086-2**

Music: This I Promise You by Ronan Keating (Bring You Home CD)

Descriptions: 32 Count - 4 wall line dance - Beginner/Intermediate level

[Start on vocals](#)

### **SIDE TOGETHER, 1/4 TURN CHASSE, 1/2 PIVOT, FULL SPIN**

- 1-2 Step side right, step left together  
3&4 Step side right, step left together, step 1/4 turn right on right  
5-6 Step forward left, pivot half turn right onto right  
7&8 Full spin forward right stepping half right back on left, half right stepping forward right, step forward left

### **FORWARD ROCK, LOCKSTEP BACK, SWAYS, CROSS SHUFFLE**

- 1-2 Rock forward right, replace weight on left  
3&4 Lockstep back on right, cross left, step back right  
5-6 Sway left, sway right  
7&8 Cross left over right, side right, cross left over right

### **1/2 TURN LEFT, MAMBO FORWARD, BACK ROCK LOOK, FULL SPIN**

- 1-2 Turn 1/4 left stepping back right, turn 1/4 left stepping side right  
3&4 Rock forward right, replace weight on left, step right in place  
5-6 Rock back a large step back on left looking over left shoulder, replace weight on right  
7&8 Full spin forward right stepping half right back on left, half right stepping forward right, step forward left

### **FORWARD ROCK, RIGHT CHASSE, 1/2 TURN LEFT, WEAVE TO THE RIGHT**

- 1-2 Rock forward right, replace weight on left  
3&4 Step right to right, close left to right, step right to right  
5-6 1/2 turn left rocking onto left, replace weight on right  
7&8 Step left behind right, step side right, cross left over right

**START OVER AGAIN AND ENJOY THE MUSIC**