

## **No More**

Choreographed by **Robbie McGowan Hickie** (UK) April 2005

Choreographed to "No More (138 bpm) CD," "Vincero – 5 Track Single" by **Glenn Rogers**

64 count - 4 wall line dance - Beginner/Intermediate level

**Count In : 1x4+3x8 (32 Count intro – on vocals)**

### **Left. Touch. Side Right. Touch. Left Scissor Step. Hold.**

- 1 – 2 Step Left to Left side. Touch Right beside Left whilst swaying hips Left.
- 3 – 4 Step Right to Right side. Touch Left beside Right whilst swaying hips Right.
- 5 – 8 Step Left to Left side. Slide Right beside Left. Cross step Left over Right. Hold.

### **Side Right. Touch. Side Left. Touch. Right Scissor Step. Hold.**

- 1 – 2 Step Right to Right side. Touch Left beside Right whilst swaying hips Right.
- 3 – 4 Step Left to Left side. Touch Right beside Left whilst swaying hips Left.
- 5 – 8 Step Right to Right side. Slide Left beside Right. Cross step Right over Left. Hold.

### **Half Rumba Box. Step. Pivot Full Turn Left. Hold.**

- 1 – 4 Step Left to Left side. Close Right beside Left. Step forward on Left. Hold.
  - 5 – 6 Step forward on Right. Pivot 1/2 turn Left.
  - 7 – 8 Turn 1/2 turn Left stepping back on Right. Hold. (Facing **12 o'clock**)
- Easier option: Counts 5 – 8 above ... 5 – 7 Right Forward Mambo. 8 Hold.*

### **B-S-X, Hold, Side Rock. Recover 1/4 Turn Left. Step Forward. Hold.**

- 1 – 4 Sweep Left around and behind Right. Step Right to Right side. Cross step Left over Right. Hold.
- 5 – 6 Rock Right to Right side. Recover weight on Left turning 1/4 turn Left.
- 7 – 8 **Long** step forward on Right. Hold. (Facing **9 o'clock**)

### **Paddle 1/2 Right x 2. Left Forward Mambo. Hold.**

- 1 – 4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. Pivot 1/2 turn Right.
- 5 – 8 Rock forward on Left. Rock back on Right. Step back on Left. Hold. (Facing **9 o'clock**)

*Note: Counts 1 – 4 above ... Ball of Right should stay in place as you complete the Full Turn.*

### **7 Count Weave Left. Left Hitch 1/4 Turn Right.**

- 1 – 2 Sweep Right around and behind Left. Step Left to Left side.
- 3 – 4 Cross step Right over Left. Step Left to Left side.
- 5 – 6 Cross Right behind Left. Step Left to Left side.
- 7 – 8 Cross step Right over Left. Turn 1/4 turn Right on ball of Right hitching Left knee up slightly.

*Note: Counts 1 – 7 above ... These should be very small steps travelling Left.*

### **Left Lock Step Forward. Brush. Forward Rock. 1/4 Turn Right. Hold.**

- 1 – 4 Step forward on Left. Lock Right behind Left. Step forward on Left. Brush Right slightly forward.
- 5 – 6 Rock forward on Right. Rock back on Left. (Facing 12 o'clock)
- 7 – 8 Turn 1/4 turn Right stepping Right to Right side. Hold. (Facing **3 o'clock**)

### **Cross. Hold. Unwind 4/4 Turn Right (2 Counts). Hip Sways x 4.**

- 1 – 2 Cross Left over Right. Hold.
- 3 – 4 Unwind Full turn Right over 2 Counts. (Weight on Right)
- 5 – 8 Step Left slightly Left swaying hips Left. Sway Right. Sway Left. Sway Right. **3.00**

*Easier option: Counts 1 – 4 above ... 1 Cross rock Left over Right. 2 Hold. 3 Rock back on Right. 4 Hold.*

**(REPEAT)**