



REFLECTION

Choreographed by: Alison Johnstone - Nuline Dance (Australia)

Music: **Da Roots (ITG or Folk Mix)** by **Mind Reflection** [CD: Da Roots (In The Groove)]

Descriptions: 64 count, 2 wall, Intermediate level line dance

Start: After 32 counts on stronger beat 15 seconds into track

1-8 Walk, Walk, Kick Ball Change, Pivot ¼ over Left, Stomp, Stomp (9.00)

1,2 Walk forward Right, Walk forward Left,

3&4 Kick Right, Step on Right (&), Step on Left (Kick Ball Change)

5,6 Step Right forward, Pivot ¼ over Left,

7,8 Stomp Right next to Left, Stomp Left in Place

9-16 Rock Forward, Recover, Coaster Step, Pivot ½ Over Right, Shuffle Forward (3.00)

1,2 Rock forward on Right, Recover on Left

3&4 Step Back Right, Step Left back next to Right, Step Forward Right (Coaster Step)

5,6 Step Left Forward, Pivot ½ over Right

7&8 Step forward Left, Step Right into Left, Step forward left (Shuffle)

17-24 Long Step Right, Drag Left In, Step, Small Side Step, Step In, Small Side Step, Cross Rock, Recover, ¼ Left Turn Shuffle (12.00)

1,2 LONG step to Right, Drag Left in

** Optional "Michael Flatley" arms up shoulder height Left**

&3&4 Step on Left (&), Small step Right (3), Step Left beside Right (&), Small step Right (4)

5,6 Cross Rock Left over Right, Recover Right

7&8 ¼ Turn over Left Step forward Left, Step Right into Left, Step forward left (¼ turn Shuffle)

25-32 Heel Ball Cross, Heel Ball Cross, Scuff, Hitch, Cross & Cross & Cross (12.00)

1&2 Dig Right heel to 1 o'clock, Step on Right, Cross Left over Right (Heel Ball Cross)

3&4 Dig Right heel to 1 o'clock, Step on Right, Cross Left over Right (Heel Ball Cross)

5&6 Scuff Right (5), Hitch changing direction to face 11 o'clock (&), Cross Right over Left (6),

&7&8 Step side Left (&), Cross Right over left (7), Step side Left (&), Cross Right over left (8)



33-40 Side Rock, Recover, Behind Side Cross, switches Toe & Toe & Heel & Toe Back (12.00)

1,2 Rock Left to side, Recover on Right,
3&4 Cross Left behind Right, Step Right Side, Cross Left over Right
5&6& Right Toe to Side (5), Step Right Center (&), Left Toe to Side (6), Step Left Center (&)
7&8 Right Heel Forward (7), Step Right Center (&), Touch Left Toe Back (8)
Dance finishes here facing Wall 6 simply turn over Left shoulder and take weight on the Left

41-48 & Stomp Hold, & Stomp, Hold, & Paddle ¼ Left, Paddle ¼ Left (6.00)

&1,2 Step Left beside Right (&), Stomp Right Forward (1), Hold (2)
&3,4 Step Left beside Right (&), Stomp Right Forward (3), Hold (4)
&5,6 Step Left Beside right (&), Touch Right forward, ¼ Turn over Left (Paddle Turn)
7,8 Touch Right forward, ¼ Turn over Left (Paddle Turn)

49-56 Cross Rock, Recover, Side Chasse, Cross Rock, Recover, Side Chasse

1,2 Rock Right in front of Left, Recover Left
3&4 Step Right to side, Step Left beside Right(&), Step Right to Side (Chasse)
5,6 Rock Left in front of Right, Recover Right
7&8 Step Left to side, Step Right beside Left(&), Step Left to Side (Chasse)

57-64 Kick Ball Step, Kick Ball Step, Pivot ½ over Left x2

1&2 Kick Right forward, Step Right beside Left (&), Small step forward Left
3&4 Kick Right forward, Step Right beside Left (&), Small step forward Left
5,6 Step Right forward, Pivot ½ over Left
7,8 Step Right forward, Pivot ½ over Left

Start Again

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