



BroncoBeat

## ***Slow Long***

Choreographed by Harold Grimshaw

**CD 107320**

Description: 32 count, 2 wall, intermediate line dance

Music: **Slow Goodbye** by Verlon Thompson [ 110 bpm / CD: [Verlon Thompson](#) / CD: [Most Awesome Linedancing Album Vol. 8](#) ]

### **CROSS ROCK, CHASSE ¼ LEFT, STEP/PIVOT ¾ LEFT, SIDE, DRAG**

1-2 Cross-step left over right, rock weight back onto right

3&4 Step left to left side, step right next to left, step left ¼ left

5-6 Step forward on right, pivot ¾ left (weight on left)

7-8 Step right to right side (long step), drag left toes next to right

### **SIDE, DRAG, BACK/CROSS, BACK ¼ LEFT, BACK, FORWARD ½ RIGHT, FORWARD ROCK**

1-2 Step left to left side (long step), drag right toes next to left

&3-4 Quick step back on right, cross-step left over right, (turning ¼ left) step back on right

5-6 Step back on left, (turning ½ right) step forward on right

7-8 Step forward on left, rock weight back onto right

### **BACK SHUFFLE, MONTEREY ¼ RIGHT/WEAVE**

1&2 Shuffle back (left, right, left)

3-4 Touch right toes to right side, (turning ¼ right) step right next to left

5-6 Cross-step left over right, step right to right side

7-8 Step left behind right, step right to right side

### **CROSS ROCK, CHASSE ¼ LEFT, STEP/PIVOT ¾ LEFT, LONG STEP RIGHT, HOLD**

1-2 Cross-step left over right, rock weight back onto right

3&4 Step left to left side, step right next to left, step left ¼ left

5-6 Step forward on right, pivot ¾ left (weight on left)

7-8 Step right to right side (long step), hold

**REPEAT**