



# Smooth Groove

Choreographed by: M.T. Groove (UK) September 2005

CD 995-13

Choreographed to: 'have you ever' by 'Brandy'.

Available on CD: Best of Brandy – start on main vocals as heavy beat kicks in.

2 wall line dance – 48 counts - 1 restart \* - Intermediate Level.

## **SWAY SWAY, ¾ STEP BALL STEP, ¼ ROCK RECOVER STEP FORWARD, ROCK RECOVER.**

1.2 Sway R, Sway L.

3&4 Make a ¾ turn over R shoulder with a step ball step (R,L,R).

5&6 Make a ¼ turn R as you rock L to L side, Recover R, Step forward on L.

7.8 Rock forward on R, Recover L.

## **1 ¾ TURN R SIDE STEP. CROSS SIDE ROCK X2, RUN RUN KICK.**

1&2&3 Make a ½ turn R step forward R, Make a ½ turn R step back on L, Make a ½ turn R Step forward on R, Make a ¼ turn R step L to L side. Step R (big step) to R side. (you are facing 9 o'clock wall).

4&5 Cross L over R, Rock R to R side, Recover L.

6&7 Cross R over L, Rock L to L side, Recover R.

&8& Step forward L,R, Kick L foot forward.

## **BACK LOCK STEP ½ TURN, FORWARD LOCK STEP, ¼ TURN CROSS FULL UNWIND, BEHIND SIDE CROSS.**

1&2& Step back on L, Lock R across L, Step back on L, Make a ½ turn R as you step forward on R.

3&4 Step forward on L, Lock R behind L, Step forward L.

&5-6 Make a ¼ turn L as you step back on R, Step L to L side, Cross R over L.

7-8&1 Unwind a full turn L, Sweep L behind R, Step R to R side, Cross L over R.

## **SIDE STEP (TORQUE), TRIPLE FULL TURN L, CROSS ROCKS X2 TOUCH.**

2-3&4 Step R to R side, as you twist upper body R preparing for next count. Make a triple full turn L

stepping L,R,L.

5&6 Cross rock R over L, Recover L, Step R to R side,

&7&8 Cross rock L over R, Recover R, Step L to L side, Touch R next to L.

**\*(Restart here during wall 2 – you'll be facing the back).**

## **DOROTHY STEPS X2, STEP PIVOT ½ TURN, ROCKING CHAIR, SPIRAL FULL TURN.**

1-2& Step forward R, Lock L behind R, Step forward R.

3-4& Step forward L, Lock R behind L, Step forward L.

5& Step forward R, Pivot ½ turn L.

6&7&8 Rock forward on R, Recover L, Rock back on R, Recover L, Step forward on R making

a spiral full turn L.

## **STEP ROCK ¼ TURN, ROCK RECOVER ½ TURN, ¾ SPIN, HOLD.**

1-2&3 Step forward L, Rock R forward, Recover L, Make ¼ turn R as you step forward R.

4.5.6 Rock forward L, Recover R, Make a ½ turn L step forward L.

7.8 Spin a ¾ turn L on the balls of the feet. Hold (weight on L).

**Start over!**