



## ***Stand***

72 count, 2 wall, advanced level

Choreographer: Barry Amato (USA) April 2004

Choreographed to: Stand by Susan Ashton

### **Cross step, sweep, cross step**

1-2-3 Cross & step R over L (1). Sweep L from behind R (2). Complete sweep with weight still on R (3).

### **Cross step, sweep, cross step**

1-2-3 Cross & step L over R (1). Sweep R from behind L (2). Cross & step R over L (3).

### **Extend foot, hitch, 1/4 turn**

1-2-3 Extend L foot low to the ground on a diagonal to the L (point toes - 1). Hitch L foot to R leg

(with L knee facing diagonally to the L - 2). Pivot on ball of R a 1/4 turn R (3).

### **Chasse right**

1-2-3 Step forward on L (1). Slide R behind L (2). Step forward on L (3).

\*There is a slight hesitation on your travel between counts 1&2, which the music will dictate.

### **Extend foot, hitch, pivot**

1-2-3 Open a 1/4 turn to front position and extend R foot low to the ground on a diagonal to the R

(point toes - 1). Hitch R foot to L leg (with R knee on a diagonal to the R - 2). Pivot on ball of L a

1/4 turn L (3).

### **Chasse**

1-2-3 Step forward on R (1). Slide L behind R (2). Step forward on R (3).

\*Again, listen for the hesitation between counts 1 & 2.

### **Sweep, hold**

1-2-3 Sweep L in front of R and 1/4 turn (to front position) R- \*Use all three (3) counts to do this.

### **Cross step, step back 1/4, 1/2 turn**

1-2-3 Cross L over R (1). Step back 1/4 L on R foot (2). Do a 1/2 turn L pivoting on ball of R and

stepping forward on L (3).

### **Press forward, hold**

1-2-3 Press forward on ball of R foot (1). Hold (2-3).

### **Coaster step**

1-2-3 Step back on R foot (1). Step together with L (2). Step forward on R (3).

### **Press forward, hold**

1-2-3 Press forward on ball of L foot (1). Hold (2-3).

### **Coaster step**

1-2-3 Step back on L foot (1). Step together with R (2). Step forward on L (3).

**Step forward, ½ turn, step**

1-2-3 Step forward on R foot (1). Do a ½ turn L on ball of R foot (2). Step down on L foot (3).

**Turning coaster step (1/2 turn)**

1-2-3 Step forward ½ l on R foot (1). Step together with L foot (2). Step forward on R foot (3)

**1/4 turn, hold, step**

1-2-3 Step forward on L foot as you pivot a ¼ turn R (1). Hold (2). Step down on R foot in place (3).

**½ turn, Step, cross step**

1-2-3 On ball of R foot, pivot ½ turn R and step out on L foot (1). Step on R foot in place (2). Cross L over R (3)

**Step/Sway R, hold**

1-2-3 Step to the R as you sway into the R side (l). Hold (2-3).

**Step, cross, unwind**

1-2-3 Step to the L on L foot (l). Cross R over L and weight R foot (2). Unwind a full turn L on R foot (3).

**Step out, hold, step together**

1-2-3 Step L on L (1). Hold (2). Step R together with L (3).

**Step/sway L, hold**

1-2-3 Step to the L as you sway into the L side (1). Hold (2-3).

**Step/sway R, hold**

1-2-3 Step to the R as you sway into the R side (l). Hold (2-3).

**Cross step, step side, 1/4 turn**

1-2-3 Cross L over R (l). Step to the R on R (2). Open 1/4 turn L and step down on L (3).

**1/4 turn-step/sway R, hold**

1-2-3 Open 1/4 turn L pivoting on ball of L (back **should** be to the original wall of dance) and step R as you sway into the R side(1). Hold (2-3).

**Step behind, ball change**

1-2-3 Step L foot behind R (1). Step to the R on the ball of the R foot (2). Change weight to L foot in place (3).

‘Stand’