



## ***SUGAR & PAI***

***Choreographed by Kelli Haugen***

***Choreographed to "Sugar And Pai " by The Boots Band***

***32 Count - 4 wall line dance - Beginner/Intermediate level***

### **Rock, Recover, Sailor Step, Shuffle, Step, 1/2 Turn.**

1,2,3&4 Rock right foot to right, recover left, cross right behind left, step left to left, step forward right.

5&6, 7,8 Shuffle forward left, right, left, step forward right, 1/2 turn left on left

### **Chasse, Rock, Recover, Chasse, Rock, Recover.**

1&2,3,4 Triple step right, left, right to right, rock left behind right, recover right

5&6,7,8 Triple step left, right, left to left, rock right behind left, recover left

**Option: You can substitute counts 3,4 and 7,8 with**

#### **Back Kick Ball Change**

3&4 Kick left foot behind right foot, step left behind right, step right in place

7&8 Kick right foot behind left foot, step right behind left, step left in place

### **Step, Cross Behind, 1/4 Turn, Touch, Heel Switches, Touch, 1/4 Turn Hook.**

1,2,3,4 Step right to right, cross left behind right, 1/4 turn right on right, touch left toe to left

&5&6&7,8 Step left next to right, touch right heel forward, step right next to left, touch left heel forward, step left next to right, touch right toe to right,

1/4 turn right on left hooking right foot in front of left

### **Shuffle, Step, 1/4 Turn, Crossing Shuffle, Kick Ball Cross.**

1&2, 3,4 Shuffle forward right, left, right, step forward left, 1/4 turn right on right

5&6, 7&8 Cross left foot over right, step right to right, cross left foot over right, kick right foot diagonally forward, step right next to left, cross left foot over right.

**Start again.**