



BroncoBeat

## ***SWEETIE***

## ***CD 2205.1-1***

Choreographed by: Niels B Poulsen (DK) and Birthe Tygesen (DK) Oct 08

Music: **One Sweet Day** by **Boyz 2 Men & Mariah Carey** (CD: 66bpm)

Descriptions: 16 count - 4 wall - Beginner level line dance

[Intro: 16 counts from first beat \(app. 20 seconds into track\)](#)

Note: This dance is a floor-split to the intermediate dance: 'One Sweet Day' by Niels Poulsen

### **1 – 8 Basic Night Club Step L And R, Vine ½ With Sweep, Run Run**

1 Take a big step with L to L side [\[12:00\]](#)

2&3 Close R behind L, cross R over L, take a big step with R to R side [\[12:00\]](#)

4&5 Close L behind R, cross R over L, step L to L side [\[12:00\]](#)

6&7 Cross R behind L, turn ¼ L stepping fw on L, turn ¼ L on L sweeping R in front of L [\[6:00\]](#)

8& Run diagonally fw on R towards 4:30, repeat with L [\[4:30\]](#)

### **9 – 16 Cross Rock, Side R, Cross Rock, 3/8 L, Basic R, Sway, Sway**

1 Cross rock R over L [\[4:30\]](#)

2&3 Recover weight back to L, step R to R side turning body ¼ R, cross rock L over R [\[7:30\]](#)

4&5 Recover weight back to R, turn 3/8 L stepping a small step fw on L, make big step R [\[3:00\]](#)

6&7 Close L behind R, cross R over L, step L to L side swaying upper body to L side [\[3:00\]](#)

8 Step onto R swaying upper body to R side [\[3:00\]](#)

**Begin again!**