



TAKE A BOW

Choreographed by: Niels B Poulsen (DK) June 08

Music: **Take A Bow** by Rihanna (CD: Single)

Descriptions: 32 count - 4 wall - Intermediate/Advanced level line dance

Intro: 32 counts from first beat (app. 23 seconds into track). Start with weight on R foot.

2 Restarts: On Wall 3 And 6. Do The First 24 Counts And Restart Dance (The Restarts Are Always After Rihanna Has Sung 'Take A Bow...'). First Restart Is Towards 6:00, Next Is Towards 12:00.

Phrasing Sequence Is: 32 (Intro), 32, 32, 24, 32, 32, 24, 32, 32, 30.

1 – 8 Lunge, Back Back Turn ½ R, Jazz Box ¼ L, Step Lock Step, Step ½ Turn R

1 Lunge (Rock) Fw On L Foot Leaving R Leg Straightened [12:00]

2&3 Push Off L Recovering Back On R, Step Back On L, Turn ½ R Stepping Fw On R And Sweeping L Foot In Front Of R [06:00]

4&5 Cross L Over R, Step Back On R, Turn ¼ L Stepping Fw On L [03:00]

6&7 Step Fw On R, Lock L Behind R, Step Fw On R [03:00]

8& Step Fw On L, Turn ½ R (Weight R) [09:00]

9 – 16 ¾ Turn R With Sweep Kick, Side Cross, Basic R, ½ R Sweep, Side Cross, Basic R, Side L

1 Make A Quick ½ R Stepping Back On L Sweep Kicking R Foot Slightly Off The Floor Turning ¼ R On L Foot [06:00]

2&3 Step Down On R And To R Side, Cross L In Front Of R, Step R A Big Step To R Side [06:00]

4&5 (4) Close L Behind R, (&) Cross R Over L, (5) Turn ¼ R Stepping Back On L Starting To Sweep R In Front Of You Turning Another ¼ R On L (Completing Your ½ Turn R) [12:00]

6&7 Step Down On R And To R Side, Cross L In Front Of R, Step R A Big Step To R Side [12:00]

&8& Close L Behind R, Cross R Over L, Step L To L Side [12:00]

17 – 24 Touch R Behind L, Full R Unwind, Cross, Side Rock ¼ L, Paddle ½ Turn L X 2, Step ¾ Spiral Turn L

1 Touch R Behind L [12:00]

2 – 3 (2) Unwind A Full Turn R Shifting Weight To R Foot, (3) Sweep L Foot In Front Of R [12:00]

4&5 Step Down On L, Rock R To R Side, Recover Back On L Turning ¼ L [09:00]

6&7& Step Fw On R, Make ½ Turn L (Weight L), Step Fw On R, Make ½ Turn L (Weight L) [09:00]

8& Step Fw On R, Turn ¾ L On R Foot Obtaining A Spiral Effect Ending With L Leg Crossed In Front Of R (Weight R).

Restarts Here: On Wall 3 (facing 6:00) and Wall 6 (facing 12:00)

25 – 32 Lunge, Back Back Back, Together Fw Fw, Hitch ¼ L, Cross, Side Rock

1 Lunge (Rock) Fw On L Foot Leaving R Leg Straightened [12:00]

2&3 Push Off L Recovering Back On R, Step Back On L, Step Back On R [12:00]

4&5 Bring L Next To R, Step Fw On R, Step Fw On L [12:00]

6 – 7 Hitch R Turning ¼ L On L Foot, Cross R In Front Of L [09:00]

8& Rock L To L Side, Recover Weight Back To R [09:00]

Begin Again!

Ending: On Your 9th Wall You Will Be Dancing Up To Count 30. However, Rather Than Turning ¼ L (On Count 30) You Turn ½ L To End Facing 12:00