

# ***Tush Push***

Choreographed by *Jim Ferrazzano*

Description: 40 count, 4 wall, beginner/intermediate line dance

Alias: *Push Tush*

## **RIGHT HEEL TAPS:**

1-4CWLDA: *right heel tap, touch right beside left, right heel tap twice, and prepare to switch weight from left to right. Original: 4 right heel taps*

## **LEFT HEEL TAPS:**

5-8CWLDA: *left heel tap, touch left beside right, left heel tap twice, and prepare to switch weight from right to left. Original: 4 left heel taps*

## **RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP:**

9-12*Right heel tap, (switch weight and) left heel tap, (switch weight and) right heel, and clap on count 12. Leave the right foot in front of the left in order to prepare for the next steps.*

## **BUMP RIGHT HIPS FORWARD TWICE:**

13-14*Move weight forward over right foot and bump right hips forward twice.*

## **BUMP LEFT HIPS BACKWARD TWICE:**

15-16*Move weight back over left foot and bump left hips backward twice.*

## **BUMP HIPS FORWARD AND BACK TWICE:**

17-20*Bump hips forward (right), bump hips backward (left), bump hips forward (right), bump hips backward (left)*

## **RIGHT FORWARD CHA-CHA:**

21-24*Put weight on left foot and do right-left-right cha-cha. Rock forward on left. Rock back on right.*

## **LEFT BACKWARD CHA-CHA:**

25-28*Left-right-left cha-cha. Rock back on right. Rock forward on left.*

## **RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT:**

29-32*Right-left-right cha-cha, step forward left, pivot ½ turn to right.*

## **LEFT FORWARD CHA-CHA AND ½ TURN LEFT:**

33-36*Left-right-left cha-cha, step forward right, pivot ½ turn to left.*

## **RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP.**

37-40*Step right foot forward, ¼ turn left, stomp right beside left to complete the ¼ turn, clap*

## **REPEAT**

**OPTION 1:**

1-4 Right heel tap forward 4 times (hop switch on the & of 4 to prepare for 5-8)

5-8 Left heel tap 4 times

**OPTION 2:**

1 Right heel tap forward

2 Right foot touch beside left foot

3-4 Right heel tap forward twice (hop switch on the & of 4 to prepare for 5-8)

5-8 Repeat 1-4 with left foot

**OPTION 3:**

1 Jump both feet out to shoulder width

2 Jump and cross right over left

3-4 Turn full turn to left

5-8 Repeat 1-4, either in the same or opposite direction

**OPTION 4: (8-BEAT SYNCOPATED STEPS, A.K.A. PRETZELS)**

1 Step right over left (weight on right)

&2 Step side to left, touch right heel forward (weight on left)

&3 Step down on right, step left over right (weight on left)

&4 Step side right, touch left heel forward (weight on right)

&5 Step down on left, step right over left (weight on right)

&6 Step side left, touch right heel forward (weight on left)

&7 Step down on right, step left over right (weight on left)

&8 Step side right, touch left heel forward (weight on right)

**OPTION 5: (HALF TURN, QUARTER TURN, HALF TURN)**

29-32 Right-left-right cha-cha step forward left. Military pivot  $\frac{1}{2}$  turn to right.

33-36 Left-right-left cha-cha. Step forward right. Military pivot  $\frac{1}{4}$  turn to left.

37-40 Right forward.  $\frac{1}{2}$  turn left. Stomp right beside left to complete the  $\frac{1}{2}$  turn. Clap

**OPTION 6: (ST. LOUIS STYLE, WHICH IS 44 COUNTS)**

37-40 Repeat 29-32

41-43 Left foot step to left. Pivot on left foot  $\frac{1}{4}$  turn to right. Stomp left beside right to complete the  $\frac{1}{4}$  turn

44 Clap

**'Tush Push'**