



# Adoration

Choreographed by [Kate Sala](#)

Description:

32 count, 4 wall, intermediate line dance

Music:

**My Heart Is Lost To You** by Brooks & Dunn [ 128 bpm / CD: [Steers & Stripes](#) ]

**CD796-5**

## **STEP RIGHT, TOGETHER, RIGHT CHASSE ¼ TURN, PIVOT ½ TURN, WALK, WALK**

1-2 Step right to right side, close left next to right

3&4 Step right to right side, close left next to right, step right to right side with ¼ turn right

5-6 Step forward on left, pivot ½ turn right

7-8 Walk forward left, right

## **SIDE ROCK & CROSS, SIDE ROCK & CROSS, PIVOT ½ RIGHT, TURN ½ RIGHT, STEP**

1&2 Rock on left to left side and slightly forward, step right in place and slightly forward, cross-step left over right

3&4 Rock on right to right side and slightly forward, step left in place and slightly forward, cross-step right over left

5-6 Step forward on left, pivot ½ turn right

7-8 Turn ½ right stepping back on left, step back on right

## **ROCK BACK, ROCK FORWARD, STEP FORWARD, SWEEP ¼ TURN, WEAWE**

1-2 Rock back on left, rock forward on right

3-4 Step forward on left, sweep right round into a ¼ turn left

5-6 Cross-step right over left, step left to left side

7&8 Cross-step right behind left, step left to left side, cross- step right over left

## **TOE, KICK WITH ¼ TURN, COASTER STEP, JAZZ BOX**

1-2 Touch left toe next to right instep with knee turned in, turn ¼ left on ball of right kicking left forward

3&4 Step back on left, step right next to left, step forward on left

5-6 Cross-step right over left, step back on left

7-8 Step right to right side, step left next to right

## **REPEAT**

## **TAG**

When danced to the above suggested track at the end of the 3rd and 6th wall repeat the last 12 counts of the dance (from the weave. Count 5 of the 3rd section to the end of the dance) then start again from the beginning