



BroncoBeat

BABY GIVE IT UP

Choreographer: Alison Carrington (UK – May 2007)

64 Count 4 Wall Intermediate Level

Intro 32 Counts

Music: Give It Up – KC & The Sunshine Band

From album (The very best of 1980's and many other albums) - (124bpm)

ROCK FORWARD, BACK, SHUFFLE BACK, ROCK BACK, FORWARD, TRIPLE 1/2 TURN RIGHT

1,2,3&4 Rock forward on right, rock back on left, step back right, step left next to right, step back right

5,6,7&8 Rock back left, step forward right, turn 1/2 turn right stepping left, right, left

ROCK BACK RIGHT, FORWARD LEFT, 2 x 1/4 PADDLE TURNS LEFT, ROCK RIGHT & CROSS

1,2,3,4 Rock back on right, rock forward on left, step forward right, turn 1/4 paddle turn left

5,6,7&8 Step forward on right, turn 1/4 paddle turn left, rock right to right side, recover on left, cross right over left

ROCK FORWARD, BACK, SHUFFLE BACK, ROCK BACK, FORWARD, TRIPLE 1/2 TURN LEFT

1,2,3&4 Rock forward on left, rock back right, step back left, step right next to left, step back left

5,6,7&8 Rock back on right, rock forward left, turn 1/2 turn left stepping right, left right

ROCK BACK, FORWARD, 2 x 1/4 PADDLE TURNS RIGHT, LEFT KICK BALL CHANGE

1,2,3,4 Rock back on left, rock forward on right, step forward on left turn 1/4 paddle turn right

5,6,7&8 Step forward on left, turn 1/4 paddle turn right, kick left forward, step back on ball of left, step onto right

CHASSE LEFT, CHASSE RIGHT, 1/4 SHUFFLE FORWARD LEFT, 1/2 SHUFFLE FORWARD RIGHT

1&2 Step left to left side, step right next to left, step left to left side

3&4 Step right to right side, step left next to right, step right to right side

5&6 Step forward left turning 1/4 left, step right next to left, step forward left

7&8 Step forward right turning 1/2 turn right, step left next to right, step forward right



BroncoBeat

LEFT KNEE ROLL, PALM UP, RIGHT KNEE ROLL, PALM UP, HEEL BOUNCES

- 1,2 Roll left knee out bring left hand up (palm forward), Roll right knee out bring right hand up (palm forward)
3,4 Keeping both hands up & palms facing forward bounce heels twice on the spot
5,6 Bring both hands down in front of body & cross palms bounce heels twice on the spot
7,8 Bring both hands up to shoulder height (palms forward) & bounce heels twice on the spot

LEFT SAILOR STEP, RIGHT 1/4 TURN SAILOR STEP, LEFT SAILOR STEP, RIGHT 1/4 TURN SAILOR STEP

- 1&2 Step left behind right, step right to right side, step left to left side
3&4 Step right behind left, step left to left side turning 1/4 to right, step right to right side
5&6 Step left behind right, step right to right side, step left to left side
7&8 Step right behind left, step left to left side turning 1/4 to right, step right to right side

LEFT KICK BALL TOUCH, RIGHT KICK BALL STEP, SKATE FORWARD RIGHT, LEFT, RIGHT, LEFT

- 1&2 Kick forward on left, step onto ball of left, touch next to left
3&4 Kick forward on right, step onto ball of right, step left next to right
5,6,7,8 Skate forward on right, left, right, left

BABY GIVE IT UP