



## ***Body In Motion***

Choreographed by Peter Metelnick

Description: 64 count, 4 wall line dance

Music: **Angelina** by Lou Bega

*If I Said You Had A Beautiful Body (Dance Mix)* by Bellamy Brothers

*Brown Sugar* by Collin Raye

### **RIGHT SIDE STEP, LEFT TOGETHER, RIGHT SIDE SHUFFLE, LEFT FORWARD ROCK & RECOVER, ½ LEFT TURNING TRIPLE**

1-2 Step right foot to right side, step left foot together

3&4 Step right foot to right side, step left foot together, step right foot to right side

5-6 Rock left foot forward, recover weight on right foot

7&8 Turning ½ left step left foot forward, step right foot together, step left foot together

### **RIGHT SIDE STEP, LEFT TOGETHER, RIGHT SIDE SHUFFLE, LEFT FORWARD ROCK & RECOVER, ¼ LEFT TURNING TRIPLE**

1-6 Repeat counts 1-6

7&8 Turning ¼ left step left foot forward, step right foot together, step left foot forward

### **RIGHT FORWARD TURNING ½ LEFT, LEFT KICK, LEFT COASTER STEP, RIGHT FORWARD, LEFT TOUCH TOGETHER, LEFT SIDE MAMBO**

1-2 Step right foot forward turning ½ left, kick left foot forward

3&4 Step left foot back, step right foot together, step left foot forward

5-6 Step right foot forward, touch left toes together

7&8 Rock left foot to left side, recover weight on right foot, touch left toes together

### **LEFT BOX WITH ¼ LEFT TURN**

1-2 Step left foot to left side, step right foot together

3&4 Step left foot forward, step right foot together, step left foot forward

5-6 Step right foot to right side, turning ¼ left on right foot touch left toes together

7&8 Step left foot to left side, step right foot together, step left foot to left side

### **WEAVE LEFT 2, RIGHT SAILOR STEP, WEAVE RIGHT TURNING ½ LEFT, LEFT SIDE TRIPLE**

1-2 Cross step right foot over left, step left foot to left side

3&4 Cross step right foot behind left, step left foot to left, step right foot right

5-6 Cross step left foot over right, turn ½ left on right foot while lifting left foot

7&8 Step left foot to left side, step right foot together, step left to left side



**FULL TURN LEFT TRAVELING LEFT, RIGHT CROSSING TRIPLE, LEFT SIDE ROCK & RECOVER, LEFT CROSSING TRIPLE**

1-2 Cross step right foot over left turning  $\frac{1}{2}$  left, complete full turn left pivoting  $\frac{1}{2}$  left on right foot and stepping left foot to left side

3&4 Cross step right foot over left, step left foot together, cross step right foot over left

5-6 Rock left foot to left side, recover weight on right foot

7&8 Cross step left foot over right, step right foot together, cross step left foot over right

**RIGHT SIDE STEP & LEFT TOUCH,  $\frac{3}{4}$  LEFT TURNING TRIPLE, RIGHT ROCK BACK & RECOVER, RIGHT FORWARD TRIPLE**

1-2 Step right foot to right side, touch left foot together

3&4 Turning  $\frac{1}{4}$  left step left foot forward, turning  $\frac{1}{2}$  left step right foot back, step left foot together

5-6 Rock right foot back, recover weight on left foot

7&8 Step right foot forward, step left foot together, step right foot forward

**LEFT FORWARD TURNING  $\frac{1}{2}$  RIGHT, RIGHT KICK, RIGHT COASTER STEP, LEFT FORWARD, RIGHT TOUCH TOGETHER, RIGHT SIDE MAMBO**

1-2 Step left foot forward turning  $\frac{1}{2}$  right, kick right foot forward

3&4 Step right foot back, step left foot together, step right foot forward

5-6 Step left foot forward, touch right toes together

7&8 Rock right foot to right side, recover weight on left foot, touch right toes together

**REPEAT**

'Body In Motion'