



## ***Coastin'***

Choreographed by Ray & Tina Yeoman  
Description: 40 count, 4 wall, intermediate line dance  
Music: Lord Of The Dance by Ronan Hardiman

### **WALK RIGHT, LEFT, KICK RIGHT, COASTER, KBC**

1-2 Step right foot forward, step left foot forward  
3-4 Kick right foot forward, step right foot back in place  
5&6 Step left back, step right beside left, step left forward  
7&8 Kick right forward, step right beside left, step left in place  
9-16 Repeat 1-8

### **IRISH HEEL / TOE TOUCHES (X2, RIGHT THEN LEFT)**

Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")  
17&18 Touch right heel slightly forward, step right beside left, touch left toe beside right  
19&20 Touch left heel slightly forward, step left beside right, touch right toe beside left  
21-24 Repeat 17-20

### **RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)**

25-26 Touch right heel forward, touch right heel to right side  
27&28 Shuffle on spot (right, left, right)  
29-30 Touch left heel forward, touch left heel to left side  
31&32 Shuffle on spot (left, right, left)

### **RIGHT STEP TO RIGHT, SLIDE, ¼ TURNING SHUFFLE, STEP, PIVOT, SHUFFLE**

(Remove hands from hips now)  
33-34 Step right to right, slide left up beside right with clap  
35&36 Shuffle to right with ¼ turn right (right, left, right)  
37-38 Step forward left, pivot turn ½ right  
39-40 Shuffle forward (left, right, left)

REPEAT

The biggest problem with this dance is fitting the music!  
The recommended track increases tempo, somewhat erratically. Start the dance at time: 1:06:50