



BroncoBeat

CD794/10

CRADLE

Choreographed by Mark & Jan Caley (Feb 2005)

Choreographed to "Cradle (79BPM) (Single & Right Now Album)" by Atomic Kitten

32 Count - 4 wall line dance - Beginner/Intermediate level

(16 count intro - Start on main Vocals)

BIG SIDE RIGHT, BEHIND, 1/2 TURN RIGHT, SIDE, ROCK, CROSS, DIAGONAL ROCKING CHAIR, SIDE, ROCK, CROSS

1-2& Step Right to Side (Large), Cross left behind Right, Right to side making 1/4 turn Right (&),

3&4 Turn 1/4 turn Right rock Left to side, Recover wt to Right, Cross Left over Right (6.00)

5&6 Rock Right diagonally Forward, Recover wt Left, Rock Right diagonally back behind left

&7&8 Recover wt on Left(&), Rock Right out to Side, Recover wt to Left, Cross Right over Left

(Steps 5&6& are all facing Diagonally Right)

DIAGONAL ROCKING CHAIR, SIDE, ROCK, CROSS, SWAY, SWAY, SAILOR STEP 1/2 TURN RIGHT

1&2 Rock Left diagonally Forward, Recover wt to Right, Rock Left diagonally back behind Right

&3&4 Recover wt on Right, Rock Left out to Side, Recover wt to right, Cross Left over Right

5-6 Step to Right and Sway Right, Step to Left and Sway Left

7&8 Right Sailor turning 1/2 turn Right (12.00)

(Steps 9&10& are all facing Diagonally Left, straighten up to 6.00 on the sways)

LEFT ROCKING CHAIR, STEP TURN 1/2 RIGHT, STEP, RIGHT KICK BALL CHANGE, STEP TURN 3/4 LEFT, RIGHT STEP TO SIDE

1&2& Rock forward on Left, Recover weight on right, Rock back on Left, Recover weight right

3&4 Step forward on Left, Pivot 1/2 turn Right, Step forward on Left (6.00)

5&6 Kick Right in front, Step Right beside Left, Step forward on Left

7&8 Step forward on Right, Pivot 3/4 Left, Right step to side (9.00)

VAUDEVILLES WITH A 1/4 TURN RIGHT, LEFT MAMBO FORWARD, UNWIND 3/4 TURN RIGHT

1&2& Cross Left behind Right, Step Right in place, Touch Left heel Diag forward, Step Left beside Right

3&4 Cross Right over Left, Left Step to side making 1/4 turn Right, Touch Right heel forward (12.00)

&5&6 Step Right in place, Rock forward on Left, Rock back on Right, step back on Left

7-8 Touch Right back, unwind 3/4 turn Right keeping weight on Left (9.00)

START AGAIN