



## ***Embrace The Wind***

Choreographed by Sandy Kerrigan

Description: 48 count, 2 wall, intermediate line dance

Music: Miss You Nights by Westlife

### **REVERSE 1/2 PIVOT TURN RIGHT, 1/4 RIGHT SIDE, LEFT CROSS SHUFFLE, 1/4 LEFT, 1/4 LEFT, 1/2 HINGE LEFT WITH DRAG, LEFT SIDE SHUFFLE**

- 1-2& Touch right toe behind left, turn 1/2 right (weight to left), turn 1/4 right and step right to side (9:00)  
3&4 Crossing shuffle stepping left, right, left  
&5 Turn 1/4 left and step right back, turn 1/4 left and step left to side  
6 Step right slightly to side  
7&8 Turn 1/2 left and shuffle to side left, right, left (9:00)

### **STEP BACK, FORWARD, BACK, SYNCOPATED ROCK, SIDE DRAG, TURN 1/4 LEFT SIDE DRAG, STEP BACK RIGHT, LEFT CROSS SHUFFLE**

- &1-2 Step right diagonally forward, rock left forward, recover to right  
3&4-5 Rock left back, recover to right, step left forward, step right to side  
6& Turn 1/4 left and step left to side, step right back (6:00)  
7&8 Crossing shuffle stepping left, right, left

### **STEP SIDE, ROCK BACK, SYNCOPATED WEAVE LEFT, CROSS RIGHT OVER WITH TURN 1/2 LEFT, BACK ROCK, FORWARD LEFT COASTER, TURN 1/2 RIGHT STEP FORWARD**

- &1-2 Step right to side, cross/rock left behind right, recover to right  
&3&4 Step left to side, cross right behind left, step left to side, turn 1/8 left and step right forward (4:30)  
5-6 Turn 1/2 left and rock left back, recover to right (10:30)  
&7&8 Step left forward, step right together, step left back, turn 1/2 right and step right forward (4:30)

### **STEP FORWARD, BACK ROCK, STEP SIDE, LOCK SHUFFLE BACK, BACK DRAG, BACK DRAG, STEP BACK, STEP BACK, LOCK SHUFFLE FORWARD**

- &1-2& Rock left forward, recover to right, step left forward, turn 1/8 left and step right to side (3:00)  
3&4 Step left back, lock right over left, step left back  
Body angles to right  
5-6& Step right back, step left back, step right back \*\*\*\*  
**Restart goes here on wall 3, after changing counts 7&8\*\*\*\***  
7&8 Step left forward, lock right behind left, step left forward



Bronco Beat

**½ LEFT STEP BACK, WALK BACK WITH DRAGS, LEFT SAILOR STEP, STEP FORWARD, ½ RIGHT STEP BACK, STEP BACK, ¼ LEFT SAILOR TURN**

- &1-2 Turn ½ left and step right back, step left back, step right back (9:00)  
3&4 Sailor step left, right, left  
&5-6 Step right forward, turn ½ right and step left back, step right back (3:00)  
7&8 Turn ¼ left and sweep left front to back and step left back, rock right to side, recover to left (12:00)

**TOGETHER, SIDE ROCK TURN ¼ RIGHT, RIGHT SHUFFLE TURN ¼, TOGETHER, ¼ RIGHT, STEP BACK, ½ RIGHT STEP BACK, STEP BACK RIGHT, BACK ROCK TURN ¼ RIGHT SIDE**

- &1-2 Step right together, rock left to side, recover to right  
3&4 Turn ¼ right and step left to side, turn ¼ right and step right together, turn ¼ right and step left back (9:00)  
&5-6 Step right back, turn ½ right and step left back, step right back (9:00)  
7-8& Rock left back, recover to right, turn ¼ right and big step left to side (6:00)

**REPEAT**

**RESTART**

**On wall 3, counts 31&32** (lock shuffle forward) are replaced with the following:  
7&8 Step left forward, turn ¼ left and step right to side, step left back (12:00)  
Then restart the dance

## *Embrace The Wind*