



BroncoBeat

FEEL THIS MOMENT

Choreographed by: Rachael McEnaney (United Kingdom)

Music: **Feel This Moment** by **Pitbull Feat. Christina Aguilera**, BPM: 136, 3:46min [CD: single or Pitbull's album- Global Warming]

Descriptions:

A 32, B 32, C 32 count, 2 wall, Advanced level line dance

Sequence: **A, B, B, C, C, A, B, C, C, A, B, B**

Count In: 32 counts from start of track, dance begins on vocals.

Notes: Part A is nightclub 2step, Part B is a house rhythm, Part C is funky.

The clock directions below where you end facing are based on the first time you perform each section.

Part A: Section A is a nightclub 2 step rhythm – the counts should be slower but I have typed the sheet with nightclub timing (otherwise do them as slow counts with holds – makes it 64 counts)

1-9 Step L Sweep R, R Weave In Front, L Weave Behind, R Mambo ½ Turn R, L Mambo ¼ Turn L

1,2&3 Step forward left as you sweep right foot forward (1), cross right over left (2), step left to left side (&), cross right behind left as you sweep left to back(3)

12.00

4&5 Cross left behind right (4), step right to right side (&), step left forward and slightly across (5) **12.00**

6&7 Rock forward right (6), recover weight left (&), make ½ turn right stepping forward right (7) **6.00**

8&1 Rock forward left (8), recover weight right (&), make ¼ turn left as you step forward on left – sweeping right (1) (ready to repeat above) **3.00**

10-17 Repeat Counts 2- 9 Above

2&3 Cross right over left (2), step left to left side (&), cross right behind left as you sweep left to back (3) **3.00**

4&5 Cross left behind right (4), step right to right side (&), step left forward and slightly across (5) **3.00**

6&7 Rock forward right (6), recover weight left (&), make ½ turn right stepping forward right (7) **9.00**

8&1 Rock forward left (8), recover weight right (&), make ¼ turn left as you step forward on left – sweeping right (1) **6.00**

18-24 R Cross, ¼ Turn R, R Back, L Coaster, R Fwd Rock, ¼ Turn R, Point L, Full Turn L

2&3 Cross right over left (2), make ¼ turn right stepping back on left (&), step back on right (3) **9.00**

4&5 Step back left (4), step right next to left (&), step forward left (5) **9.00**

&6&7 Rock forward right (&), recover weight left (6), make ¼ turn right stepping right to right side (&), point left toe to left side (7) **12.00**

&8& Make ¼ turn left stepping forward on left (&), make ½ turn left stepping back on right (8), make ¼ turn left stepping left to left side (&) **12.00**



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25-32 R Cross, L Side-Rock-Cross, R Side-Rock-Cross Into Weave With ¼ Turn L, Step R, ¾ Turn L Step R, Touch L

1,2&3 Cross right over left (1), rock left to left side (2), recover weight right (&), cross left over right (3) **12.00**

4&5 Rock right to right side (4), recover weight left (&), cross right over left (5) **12.00**

&6& Step left to left side (&), cross right behind left (6), make ¼ turn left stepping forward left (&) **9.00**

7&8& Step forward right (7), pivot ½ turn left (&), make ¼ turn left taking big step to right side (8), drag&touch left next to right (&) **12.00**

Part B: Section B is much faster?

1-8 L Kick-Out-Out, L Touch, L Side, R Touch, R Side, L Kick-Ball-Change

1&2 Kick left foot forward (1), step ball of left to left side (&), step right out to right side (shoulder width apart from left) (2) **12.00**

3-6 Touch left next to right (3), step left to left side (4), touch right next to left (5), step right to right side (6) **12.00**

7&8 Kick left foot forward (7), step in place on ball of left (&), step in place on right (8) **12.00**

9-16 L Shuffle, Step R, ¼ Turn L, R Cross, L Side, R Behind-Side-Cross

1&2,3-4 Step forward on left (1), step right next to left (&), step forward on left (2), step forward right (3), pivot ¼ turn left (4) **9.00**

5-6,7&8 Cross right over left (5), step left to left side (6), cross right behind left (7), step left to left side (&), cross right over left (8) **9.00**

17-24 L Side, R Heel, R Ball, L Cross, 2x ¼ Turns L, R Cross, L Side, R Sailor-Heel With ¼ Turn R

&1&2 Step left to left side (&), touch right heel to right diagonal (1), step in place on ball of right (&), cross left over right (2) **9.00**

3-6 Make ¼ turn left stepping back on right (3), make ¼ turn left stepping left to left side (4), cross right over left (5), step left to left side (6) **3.00**

7&8 Cross right behind left (7), make ¼ turn right stepping left next to right (&), touch right heel forward (8) **6.00**

25-32 Switch To 2x Heel Touches L, Switch To 2x Heel Touches R, R Ball, Step Fwd L, ½ Pivot R, Step L, ½ Pivot R

&1-2 Step right next to left (&), touch left heel forward (1), touch left heel forward (2) **6.00**

&3-4 Step left next to right (&), touch right heel forward (3), touch right heel forward (4) **6.00**

&5-6,7-8 Step ball of right next to left (&), step forward left (5), pivot ½ turn right (6), step forward left (7), pivot ½ turn right (8) **6.00**



Part C: Section C is the funky section – add the styling if you want to but it's not necessary

1-8 Diagonal L, R Touch, Side R, L Close, R Coaster Step, L Fwd, R Close (Heavy Step)

1-2 Take big step forward on left towards left diagonal (1) (styling: roll right shoulder forward), touch right next to left (2) **12.00**

3-4 Take big step to right side (3) (Styling: push left hand out to left side like saying stop as you bring right hand up like a microphone & look to right), step left next to right (4) **12.00**

5&6 Step back on right (5), step left next to right (&), step forward on right (6) **12.00**

7-8 Step forward on left (7) (styling: start taking both arms forward as if putting a shirt over your head), step right next to left (8) (styling: finish taking arms up then drop them down to hips as if you put the shirt on with small body roll back – count 8 is a heavy step almost a stomp) **12.00**

9-16 L Side, L Close, R Side, R Close, L Side, ¼ Sailor Step Right With 2x Toe Taps Out, Step R

1-2 Step left out to left side (imagine squashing something into floor) (1), push off left and step left next to right (2) **12.00**

3-4 Step right out to right side (imagine squashing something into floor) (3), push off right and step right next to left (4) **12.00**

5-6& Step left out to left side (5), cross right behind left (6), make ¼ turn right stepping left next to right (&) **3.00**

7&8 Tap right toe slightly to right side (7), tap right toe a little further out to right side (&), step right foot to right side (8) **3.00**

17-24 L Touch, L Side, R Hitch, R Side, Twist Body R And Return, R Cross, L Back

1-4 Touch left next to right (1), step left to left side (2), hitch right knee across left (3), step right to right side (4) **3.00**

5-8

Twist upper body ¼ turn right (5), return body ¼ turn left (6), cross right over left (7), step back on left (8) **3.00**

25-32 R Side, L Cross, R Side, L Heel, L Ball, R Cross, 4 Walks L-R-L-R Making ¾ Turn L

1-2 Step right to right side (1), cross left over right (2) **3.00**

&3&4 Step right to right side (&), touch left heel to left diagonal (3), step in place on ball of left (&), cross right over left (4) **3.00**

5-8 Making a ¾ turn to left walk in a circle stepping left (5), right (6), left (7), right (8) **6.00**

Ending: The dance will finish facing the back with the 2 pivot turns at the end of part B. For a big finish, make another half turn to right on ball of right foot stepping left to left side (1 count)