

Forever And A Day

Choreographed by:- William Sevone. September 6th 2007

Choreographed to:- "I will always love you" (68 bpm)...Dolly Parton ('Greatest Hits' / 'The Very Best Of')

Two Wall Line Dance:- 56& Count - Intermediate

Choreographers note:- *The full turn sweeps may present a problem for some dancers - see foot of script. I have used the original RCA recording – to me, there IS a big difference.*

Dances to songs such as this, use of arms and hands can add to the serenity of a particular movement

Always remember - **'The beat may reach your feet - but the rhythm should electrify your soul'**.

Dance start's on the word 'I' as in 'If I should stay...' feet together, weight on left.

Side Hip Sways. Behind. 1/4 Right Fwd. Cross. 2 x Bwd (3:00)

1 - 4 Stepping right to right: hip sway to right. Hip sway to left. Hip sway to right. Step left behind right.

5 - 6 Turn 1/4 right & step forward onto right. Cross left over right.

7 - 8 Step backward onto right. Step backward onto left.

1/2 Right Fwd. Fwd. Cross. 2x Bwd. 3/4 Left. 3x Diagonal Hip Sway (12:00)

9 - 10 Turn right ½ right & step forward onto right (9). Step forward onto left.

11 - 12 Cross right over left. Step backward onto left.

13 - 14 Step backward onto right. Turn ¾ left & step left diagonal left: with hip sway (left arm sweep to left)

15 Step right diagonal right: with hip sway (right arm sweep to right)

16 Step left diagonal left: with hip sway (left arm sweep to left)

Dance note: Diagonal step movements are short and similar to a shallow lunge

2x Diagonal Hip Sway. 2x Side Hip Sway. Recover. 1/2 Left. 3x Diagonal Hip Sway (6:00)

17 Step right diagonal right: with hip sway (right arm sweep to right)

18 Step left diagonal left: with hip sway (left arm sweep to left)

19 - 20 Stepping right to right: Hip sway to right. Hip sway to left.

21 - 22 Recover weight to right. Turn ½ left & step left diagonal left: with hip sway (left arm sweep to left)

23 Step right diagonal right: with hip sway (right arm sweep to right)

24 Step left diagonal left: with hip sway (left arm sweep to left)

Dance note: Diagonal step movements are short and similar to a shallow lunge

Bridal Wedding March (6:00)

25 - 30 Walk forward: Right. Left. Right. Left. Right. Left.

31 - 32 Walk backward: Right. Left.

Style note: Scene - a Bride walking along the aisle - with slight 'fall & rise' action within each count

1/2 Right Fwd. Fwd. 2x Fwd Full Turn-Fwd. Rock. Recover (12:00)

33 - 34 Turn ½ right & step forward onto right. Step forward onto left.

35 - 36 Forward full right & step forward onto right. Step forward onto left.

37 - 38 Forward full right & step forward onto right. Step forward onto left.

39 - 40 Rock forward onto right. Rock onto left.

2x 1/2 Right Side. Full Turn Sweep. Side. Cross. Side. 2x Hip Sway (12:00)

- 41 - 42 Turn ½ right & step right to right (6). Turn ½ right & step left to left (12).
43 - 44 bending knees slightly - Sweep FULL turn right. Step right to right.
45 - 46 Cross left over right. Step right to right.
47 - 48 Stepping left to left: sway hips to left. Sway hips to left.

2x 1/2 Left Side. Full Turn Sweep. Side. Cross. Side. 2x Hip Sway. 1/2 Right (6:00)

- 49 - 50 Turn ½ left & step left to left (6). Turn ½ left & step right to right (12).
51 - 52 bending knees slightly - Sweep FULL turn left. Step left to left.
53 - 54 Cross right over left. Step left to left.
55 - 56 Stepping right to right: sway hips to right. (weight onto left) Sway hips to left.
& Turn ½ right (right foot ready to step to side – Count 1)

Note: Full turn sweeps: *If dancers find it difficult to perform in one continuous movement then, half way around touch (sweep) foot to floor for balance, then quickly 'push off' to continue move.*

DANCE FINISH: Count 56 (do **NOT** include '&' turn) of the 3rd wall – continue hip rolls to end of music

Forever And A Day