



Frenesi (Frenzy)

Count: 32

Wall: 4

Level: Improver

Choreographer: Amy Yang, Taiwan (Dec 2014)

Music: Frenesi(Frenzy) – Cliff Richard

Intro : 20 counts - No Tag, No Restart

Sec . 1: SIDE, TOGETHER, FORWARD, TOUCH, FULL ROLLING TURN, POINT

1 - 4Step RF to R, Step LF together, Step RF forward, Touch LF together and hip bumps

5 - 8 1/4 turn L stepping forward on LF, 1/2 turn L stepping back on RF, 1/4 turn stepping Lf to L, Point RF to R

Sec . 2: SIDE, TOGETHER, SIDE CHASSE, CROSS, RECOVER, 1/4 TURN L SHUFFLE

1 - 2Step RF to R, Step LF together

3 & 4Step RF to R, Step LF together, Step RF to R

5 - 6Cross LF over RF, Recover onto RF

7 & 8 1/4 turn L step forward on LF, Lock RF behind LF, Step LF forward (09:00)

Sec . 3: FORWARD, LOCK, FORWARD SHUFFLE, FORWARD, RECOVER, 1/2 TURN FORWARD SHUFFLE

1 - 2Step RF forward, Lock LF behind RF

3 & 4Step RF forward, Lock LF behind RF, Step RF forward

5 - 6Step LF forward, Recover onto RF

7 & 8 1/2 turn L stepping forward on LF, Lock RF behind RF, Step LF forward (03:00)

Sec. 4: WALK FORWARD(R,L), FORWARD SHUFFLE, FORWARD, RECOVER.

1 – 2Step RF forward, Step LF forward

3 & 4Step RF forward, Lock LF behind RF, Step RF forward

5 – 8Step LF forward, Recover onto RF, Big step back on LF, Drag RF to LF

Start Again

Have Fun & Happy Dancing!

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