



BroncoBeat

## Fresh

Description: 64 Count 2 Wall "Intermediate" Line Dance with 2 Restarts and an Ending.

Song: Fresh (Radio Mix). Artist: Beat System.

[musparade.com/album/VA/Discover+++Dance+Diskcovery](http://musparade.com/album/VA/Discover+++Dance+Diskcovery)

BPM: 116. Start the dance on the vocals (0:19).

Co-choreographers: (Feb.2012). Jo & John Kinser Email: [jo@jjkdancin.com](mailto:jo@jjkdancin.com)

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### **1-8 Skate Rt, Lt, Rt Chasse, Skate Lt, Rt, Lt Shuffle 1/4 Turn Lt**

1,2 Skate Rt fwd, Skate Lt fwd

3&4 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt

5,6 Skate Lt fwd, Skate Rt fwd

7&8 Step Lt to Lt, Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (9:00)

### **9-16 Step 1/2 Turn, 1/2 Shuffle Back Rt, 1/4 Triple Lt In-place, Rt Kick Ball Change**

1,2 Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (3:00)

3&4 Make 1/2 turn Lt stepping Rt back, Step Lt next to Rt, Step Rt back (9:00)

5&6 Make 1/4 turn Lt stepping Lt to Lt, Step Rt in place, Step Lt in place (6:00)

7&8 Kick Rt low fwd, Step Rt next to Lt, Step Lt fwd

### **17-24 Fwd, Side, Rock & Side, Weave to the Rt, 1/2 Hinge Turn**

1,2 Step Rt fwd, Step Lt to Lt

3&4 Rock Rt behind Lt, Replace weight Lt, Step Rt to Rt

5&6 Step Lt behind Rt, Step Rt to Rt, Step Lt across Rt

7,8 Make 1/4 turn Lt stepping Rt back (3:00), Make 1/4 turn Lt stepping Lt to Lt (12:00)

### **25-32 Point, Roll Full Turn, Cross Back, Side Chasse Lt**

1,2 Point Rt to Rt, Make 1/4 turn Rt stepping Rt fwd (3:00)

3,4 Make 1/2 turn Rt stepping Lt back (9:00), Make a 1/4 turn Rt stepping Rt to Rt (12:00)

5,6 Step Lt across Rt, Step Rt back

7&8 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt

**Restart here on wall 1 (12:00) and wall 3 (6:00).**

### **33-40 Cross Rock Turn, Rock & Back, Turn Coaster Step, Lt Shuffle Fwd**

1&2 Rock Rt diagonally fwd and across Lt (11:00), Replace weight Lt squaring up to (12:00), Step Rt to Rt facing (1:00)

3&4 Rock Lt fwd, Replace weight Rt, Step Lt back

5&6 Make 1/8th Turn Rt stepping back Rt, Step Lt next to Rt, Step Rt fwd (3:00)

7&8 Step Lt fwd, Step Rt next to Lt, Step Lt fwd



**41-48 Point Cross Touch &, Point Cross Touch, & Cross Back, Side Shuffle Rt**

1&2& Point Rt to Rt, Step Rt across Lt, Touch Lt to Lt, Step Lt next to Rt (traveling to your Lt)  
3&4 Point Rt to Rt, Step Rt across Lt, Touch Lt to Lt (traveling to your Lt)  
&5,6 Step Lt next to Rt (3rd foot position), Cross Rt over Lt, Step back Lt  
7&8 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt  
(Easy option: 1&2&3&4 Switches Rt & Lt & Rt & Lt, try slightly moving the switches to the Lt).

**49-56 Cross Back, Side Shuffle Lt, Cross 1/4, Rt Shuffle Fwd**

1,2 Cross Lt over Rt, Step Rt back  
3&4 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt  
5,6 Cross Rt over Lt, Make 1/4 Rt stepping Lt back (6:00)  
7&8 Step Rt fwd, Step Lt next to Rt, Step Rt fwd

**57-64 Step 1/2 Turn, Lt Shuffle Fwd, Step 1/2 Turn, Full Turn Fwd**

1,2 Step Lt fwd, Make 1/2 turn Rt stepping Rt fwd (12:00)  
3&4 Step Lt fwd, Step Rt next to Lt, Step Lt fwd  
5,6 Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (6:00)  
7,8 Make 1/2 turn Lt stepping Rt back, Make 1/2 turn Lt stepping Lt fwd. (Easy option: walk fwd Rt, Lt).

**ENDING:** Make 1/4 turn Lt stepping Rt to Rt (1) (3:00), Make 1/4 turn Lt stepping Lt to Lt (2) (12:00), Body Roll Down (3&4).

**HAVE FUN** ☐

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