



HURT ME CAREFULLY

Choreographed by: Ria Vos (Netherlands)

Music: **Take It Easy On Me** by **Beth Hart** [CD: My California]

Descriptions: 48 count, 2 wall, Intermediate level line dance

Intro: 16 Counts on vocals

Cross with Sweep, Cross Side, 1/8 L Back, Back, 1/8 L Side, -Repeat

1-2 Cross R Over L Sweeping L Around from Back to Front, Cross L Over R

&3 Step R to Right Side, Turn 1/8 Left Step Back on L (**10:30**)

4& Step Back on R, Turn 1/8 Left Step L to Left Side (**9:00**)

5-6 Cross R Over L Sweeping L Around from Back to Front, Cross L Over R

&7 Step R to Right Side, Turn 1/8 Left Step Back on L (**7:30**)

8& Step Back on R, Turn 1/8 Left Step L to Left Side (**6:00**)

Cross Rock & Cross, ¼ L, ½ L, Walk x2, Fwd Rock, Run Back x2, Back with Sweep

1-2 Cross Rock R Over L, Recover on L

&3 Step R to Right Side, Cross L Over R

4& ¼ Turn Left Step Back on R, ½ Turn Left Step Fwd on L

5-6 Walk Fwd R, Walk Fwd L

7& Rock Fwd on R, Recover on L

8& Small "Run" Steps Back R-L

Option:

Full Turn R

1 Step Back on R Sweeping L Around from Front to Back

Behind Side Cross, Unwind ½ R, Cross, Point, Basic R, Basic L

2&3 Step L Behind R, Step R to Right Side, Cross L Over R

4&5 Unwind ½ Turn Right ending Weight on R, Cross L Over R, Point R to Right Side

6&7 Rock Back on R, Recover on L, Step R to Right Side

8&1 Rock Back on L, Recover on R, Step L to Left Side

Behind Side Cross, Unwind ½ L, Cross, Point, Drag-Hitch-Step, Fwd Rock

2&3 Step R Behind L, Step L to Left Side, Cross R Over L

4&5 Unwind ½ Turn Left ending Weight on L, Cross R Over L, Point L to Left Side

6&7 Drag L towards R, Small Hitch L, Step Fwd on L

8& Rock Fwd on R, Recover on L

Back Sweep, Back Sweep, Back, Rock Back, ½ R, ¼ R Sway R, Sway L, Cross Shuffle

1-3 Step Back on R Sweeping L, Step Back on L Sweeping R, Step Back on R

4&5 Rock Back on L, Recover on R, ½ Turn Right Step Back on L

6-7 ¼ Turn Right Step R to Right Side Swaying Right, Sway Left

8& Cross R Over L, Step L to Left Side

*****Restart Point**

1 Cross R Over L Sweeping L from Back to Front

Cross, Back, ¼ L, Cross, ¼ R, ½ R, Step ½ Pivot R, Step Fwd, Side Rock

2&3 Cross L Over R, Step Back on R, ¼ Turn Left Step L to Left Side

4&5 Cross R Over L, ¼ Turn Right Step Back on L, ½ Turn Right Step Fwd on R

6-7 Step Fwd on L, Pivot ½ Turn Right

&8& Step Fwd on L, Rock R to Right Side, Recover on L

Restart: After count 40& on Wall 2 and 4 both facing front wall