



## ***LIFE'S A BEACH***

*Choreographed by Gaye Teather (UK)*

*Choreographed to "Life Is A Beach" by Bellamy*

*32 Count - 4 wall line dance - Beginner/Intermediate level*

*16 count intro*

### **LEFT SIDE ROCK, BACK ROCK. SIDE CLOSE. CHASSE LEFT**

1 -2 Rock left to left side. Recover onto right

3 - 4 Rock back on left. Recover onto right

5 - 6 Step left to left side. Step right beside left

7 & 8 Step left to left. Step right beside left. Step left to left (12 o'clock)

### **TOUCH ACROSS, SWEEP 1 / 4 RIGHT. RIGHT CHASSE. TOUCH ACROSS, SWEEP. LEFT SAILOR STEP**

9 - 10 Touch right toe across left foot (towards left diagonal). Sweep right toe round to right side

making 1 / 4 turn right (weight on left foot) - (3 o'clock)

11 & 12 Step right to right side. Step left beside right. Step right to right

13 - 14 Touch left toe across right foot (towards right diagonal). Sweep left toe round to left side

15 & 16 Step left behind right. Step right to right. Step left to left

### **RIGHT CROSS ROCK, RIGHT CHASSE. LEFT CROSS ROCK. SHUFFLE 1 / 2 TURN LEFT**

17 - 18 Cross rock right over left. Recover onto left

19 & 20 Step right to right side. Step left beside right. Step right to right

21 - 22 Cross rock left over right. Recover onto right

23 & 24 Shuffle 1 / 2 turn left stepping left, right, left (9 o'clock)

### **SWAY FORWARD, BACK. STEP LOCK. STEP-LOCK-STEP**

25 - 26 Rock forward on right foot swaying hips forward. Recover onto left

27 - 28 Rock back on right foot, swaying hips back. Recover onto left

29 - 30 Step forward on right. Lock left behind right

31 & 32 Step forward on right, lock left behind right, step forward on right