



## Long Distance Love

**Count:** 64      **Wall:** 4      **Level:** Intermediate  
**Choreographer:** Dee Musk (UK) Feb 2013      **Music:** 'Long Distance' by Melanie Amaro.  
[Single – iTunes]

**32 Count Intro – Approx 16 seconds - Track approx 3 mins 50 secs BPM 120**

### **Side Touch, Kick Ball Cross, Side Behind, Kick Ball Cross.**

1,2 Step R to R side, touch L beside R.  
3&4 Kick L to L diagonal, step L beside R, cross R over L.  
5,6 Step L to L side, cross step R behind L.  
7&8 Kick L to L diagonal, step L beside R, cross R over L. (12 o'clock).

### **Side Rock, Cross ¼ Turn L, Chasse ¼ Turn L, Cross Rock.**

1,2 Rock L to L side, recover weight to R.  
3,4 Cross L over R, make a ¼ turn L stepping back on R.  
5&6 Make a ¼ turn L stepping L to L side, close R beside L, step L to L side.  
7,8 Cross rock R over L, recover weight to L. (6 o'clock).

### **Side Rock, Sailor Heel, Ball Cross Hold, Side Behind ¼ Turn R.**

1,2 Rock R to R side, recover weight to L.  
3&4 Cross R behind L, step L to L side, touch R heel to R diagonal.  
&5,6 Step R beside L, cross L over R, hold count 6.  
&7,8 Step R to R side, cross L behind R, make a ¼ turn R stepping forward on R. (9 o'clock).

### **Step ½ Turn R, Step Reverse ½ Turn L, ¼ Turn L, Hold, Ball Side Touch.**

1,2 Step forward on L, make a ½ turn R.  
3,4 Step forward on L, make a reverse ½ turn L stepping back on R.  
5,6 Make a ¼ turn L stepping L to L side, hold count 6.  
&7,8 Step R beside L, step L to L side, touch R beside L. (6 o'clock).

### **¼ Turn R, Touch, Full Walkaround Turn L, Behind Side Cross.**

1,2 Make a ¼ turn R stepping forward on R, touch L beside R.  
3-6 Walk around a full turn L stepping L, R, L, step R to R side.  
7&8 Cross step L behind R, step R to R side, cross L over R. (9 o'clock).

### **Side Rock, Behind ¼ Turn Step, Rock Recover, Step Back, Reverse ½ Turn R.**

1,2 Rock R to R side, recover weight to L.  
3&4 Cross step R behind L, make a ¼ turn L stepping forward on L, step forward on R.  
5,6 Rock forward on L, recover weight to R.  
7,8 Step back on L, make a reverse ½ turn R stepping forward on R. (12 o'clock).



**Step ¼ Turn R, Cross Shuffle, Side Rock, Sailor Step.**

1,2 Step forward on L, make a ¼ turn R.

3&4 Cross step L over R, step R to R side, cross step L over R.

5,6 Rock R to R side, recover weight to L.

7&8 Cross step R behind L, step L to L side, step R to R side. (3 o'clock).

**Behind ¼ Turn R, Step ¾ Turn R, Chasse L, Back Rock.**

1,2 Cross step L behind R, make a ¼ turn R stepping forward on R.

3,4 Step forward on L, make a ¾ turn R.

5&6 Step L to L side, close R beside L, step L to L side.

7,8 Rock back on R, recover weight to L. (3 o'clock).

**Tag End of wall 5 facing 3 o'clock** wall dance the following then begin again.

**R Side Touch, L Side Touch.**

1-4 Step R to R side, touch L beside R, step L to L side, touch R beside L.