



MOVING ON

Choreographed by: Hans Palm (Sweden)

Music: **Moving On** by **Sarah Dawn Finer**, BPM: 68, 3:05min [CD: Moving On]

Descriptions: 32 count, 4 wall, Intermediate level line dance

Intro: 8 counts of piano instrumental

S1 Basic Night Club Step R, Step L & Turn L $\frac{1}{2}$ + $\frac{3}{4}$, Step Fw And Back, Rock R Fw Recover $\frac{1}{4}$ R & Full Turn R

1,2& Step R to R side (1), step L behind R (2), cross R over L (&)

3,4& Step L to L side, looking left to prepare for L turn (3), turn $\frac{1}{2}$ L stepping on R (4) **6:00**, turn $\frac{3}{4}$ L stepping on L (&) **9:00**

5&6& Step R forward (5), step L next to R (&), step R back (6), step L next to R (&)

7&8& Rock R forward, preparing for R turn (7), push away from R and recover back on L while turning $\frac{1}{4}$ R (&) **12:00**, turn $\frac{1}{2}$ R stepping on R (8) **6:00**, turn $\frac{1}{2}$ R stepping on L (&) **12:00**

S2 Basic R, L Rock/Recover Cross L Over R & Turn $\frac{1}{2}$ L, Basic L, Full Turn R & Cross L Over R

1,2& Step R to R side (1), step L behind R (2), cross R over L (&)

3&4& Rock L to L side (3), recover on R next to L (&), cross L over R (4), step R while turning $\frac{1}{2}$ L (&) **6:00**

5,6& Step L to L side (5), step R behind L (6), cross L over R (&)

7&8& Step R to R side (7), turn $\frac{1}{2}$ R on L (&) **12:00**, turn $\frac{1}{2}$ R on R (8) **6:00**, cross L over R (&)

S3 Basic R, Walk L R, L Back With Sweep R Behind L & Side L, Cross Rock Recover & Turn $\frac{1}{2}$ R

1,2& Step R to R side (1), step L behind R (2), cross R over L (&)

3,4 Walk L (3), walk R (4)

5,6& Step L back with sweep on R front to back (5), step R behind L (6), step L slightly to L side (&)

7,8& Cross rock R over L (7), recover on L (8), turn $\frac{1}{2}$ R on R (&) **12:00**

S4 Basic L, $\frac{1}{4}$ R + Full Turn R, $\frac{1}{2}$ R To R Coaster Step, Walk L

1,2& Step L to L side (1), step R behind L (2), cross L over R (&)

3,4& Turn $\frac{1}{4}$ R on R (3) **3:00**, turn $\frac{1}{2}$ R on L (4) **9:00**, turn $\frac{1}{2}$ R on R (&) **3:00**

5,6& Turn $\frac{1}{2}$ R and back on L (5) **9:00**, step back on R (6), step L next to R (&)

7,8 Walk R (7), walk L (8)



Tags

After Wall 1: Sway R (9), L (10)

After Wall 2: Sway R (9), L (10), R (11), L (12)

Restarts

Wall 3: Instead of cross rock on count 7 in section 3, cross step R over left (7), rock L to side (&), recover R next to L (8), cross L over R (&) preparing to Restart with basic R

Wall 5: Restart with basic R on count 7 in section 3 instead of cross rock

Ending (Wall 7): Ending is similar to counts 3&4& in section 2 but without turning and then finishing with step L to side, all steps facing front wall (12:00). Last two steps accented (&5) with arms R and L to side.

3&4&5

Rock L to L side (3), recover on R next to L (&), cross L over R (4), accented step R to side with R arm to R (&), accented step L to side with L arm to L (5)