Nada Waltz

Choreographed by <u>Charlotte Williams</u>

Description:
48 count, 2 wall, beginner/intermediate line dance
Music:
My Front Porch Lookin In by Lonestar [103 bpm / CD: Greatest Hits]

(MODIFIED) WALTZ LUNGES - LUNGE RIGHT WITH TOUCH; LUNGE LEFT WITH TOUCH
1-4 Lunge right across (in front) of left, step left in place, return right home, touch left next to right
5-8 Lunge left across (in front) of right, step right in place, return left home, touch right next to left

RIGHT VINE, TURN ONE-FOURTH LEFT, MODIFIED (SLOW) COASTER
1-4 Step right to right, step left behind right, step right to right, step left across (in front) of right
5 Turn one-fourth (¼) left stepping on back on right
6-8 Step back on left, step right next to left, step forward on left (slow coaster)

MODIFIED (SLOW) COASTERS FORWARD AND BACK, TURN ONE-FOURTH LEFT, TAP
1-3 Step forward on right, step left next to right, step back on right
4-6 Step back on left, step right next to left, step forward on left
7-8 Turn one-fourth (¼) to left, stepping right to right, tap left heel to left

STEP - TAP; STEP - TAP; STEP - 3 TAPS
1-2 Step left to left, tap right heel to right
3-4 Step right to right, tap left heel to left
5-8 Step left to left, tap right heel three (3) times - signal that you are getting ready to start polka steps forward

FOUR POLKA (SHUFFLE) STEPS FORWARD
1&2 Right polka (shuffle) forward (right, left, right)
3&4 Left polka (shuffle) forward (left, right, left)
5&6 Right polka (shuffle) forward (right, left, right)
7&8 Left polka (shuffle) forward (left, right, left)

Variation: on 2nd and 3rd polkas turn one-half (½) turn each to right-making a full turn

TWO STEP SLIDE BACK, TWO POLKA (SHUFFLE) STEPS BACK
1-2 Step back on right (at right diagonal), slide left next to right - keep weight on right
3-4 Step back on left (at left diagonal), slide right next to left - keep weight on left
5&6 Right polka (shuffle) back (right, left, right)
7&8 Left polka (shuffle) back (left, right, left)

REPEAT