



## Oh Na Na

Description: 48 Count 4 Wall "Improver" Line Dance with 2 Restarts, and an Ending.

Song: The Sound of Swing (Oh Na Na) (Radio Edit). Artist: The Kenneth Bager Experience Feat. Aloe Blacc.

BPM: 180. Start the dance on the vocals (0:15).

Choreographers: (03.12). Jo & John Kinser Email: jo@jjkdancin.com Website: www.jjkdancin.com

### **1-8 Toe Strut Jazz Box, Step Lock Step, Mambo Step**

1&2& Touch Rt over Lt, Drop Rt Heel down, Touch Lt back, Drop Lt Heel down 3&4& Step Rt to Rt Side, Drop Rt Heel down, Touch Lt Fwd, Drop Lt Heel down

5&6 Step Rt Fwd, Lock Lt behind Rt, Step Rt Fwd

7&8 Rock Lt Fwd, Recover weight Rt, Step Lt back

### **9-16 Stomp - & Swivel, & Swivel, & Flick, & Swivel, & Hitch-Step, Mambo Back**

1&2 Stomp Rt Fwd (No weight), Swivel heels to Rt, Swivel to center

&3 Swivel heels to Rt, Swivel to center

&4 Flick Rt foot up and to the Rt side, Touch Rt slightly Fwd

&5&6 Swivel heels to Rt, Swivel to center, Hitch Rt knee up, Step Rt down

7&8 Rock Lt Fwd, Recover weight Rt, Step Lt back

*If the Swivel section is to hard, then just do a single swivel with the Rt foot only.*

### **17-24 And Heel & Step, Step Lock Step, Step 1/2 Turn Step, Heel Shuffle Step**

&1&2 Step Rt back, Touch Lt heel Fwd, Step Lt next to Rt, Step Rt Fwd

3&4 Step Lt Fwd, Lock Rt behind Lt, Step Lt Fwd

5&6 Step Rt Fwd, Make 1/2 turn Lt weight Lt, Step Rt Fwd

7&8 Step Lt Heel Fwd, Step Rt next to Lt, Step Lt Fwd (6:00) *On the heel shuffle fwd: take your hands up and push fwd to the Lt dia x3. Sometimes in the music your hear him say clap your hands, so clap instead.*

### **25-32 Charleston Step, Step 1/2 Turn, Cross - Unwind**

&1&2 Sweep Rt foot from back to front, Touch Rt toe Fwd, Sweep Rt foot from front to back, Step Rt back

&3&4 Sweep Lt foot from front to back, Touch Lt toe back, Sweep Lt foot from back to front, Step Lt Fwd

5,6 Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (12:00) 7,8 Cross Rt over Lt foot, Unwind

1/2 turn Lt weight centered (6:00) *Make sure you do the cross unwind slow.*

**\*\*\*Restart here on wall 3 (12:00), and wall 5 (3:00).**

### **33-40 Touch & Heel & Cross & Heel & Touch & Heel & Cross & Cross**

1&2& Touch Lt toe next to Rt foot, Step Lt next to Rt, Touch Rt heel diagonal fwd Rt, Step Rt next to Lt

3&4& Step Lt over Rt, Step Rt to Rt, Touch Lt heel diagonal fwd Lt, Step Lt next to Rt

5&6& Touch Rt toe next to Lt, Step Rt Slightly back, Touch Lt heel diagonal fwd Lt, Step Lt next to Rt

7&8 Step Rt over Lt, Step Lt to Lt, Step Rt over Lt (6:00)

### **41-48 Side - Touch, 1 1/4 Turn Rt, Step Touch Back Kick, Coaster Step**

1,2 Step Lt to Lt, Touch Rt next to Lt

3&4 Make 1/4 turn Rt Stepping Rt Fwd, Make 1/2 turn Rt Stepping Lt back, Make 1/2 turn Rt Stepping Rt Fwd

*Alternative: Make a 1/4 turn shuffle Rt instead of 1 1/4.*

5&6& Step Lt Fwd, Touch Rt next to Lt, Step Rt Slightly back, Kick Lt foot Fwd

7&8 Step Lt Back, Step Rt next to Lt, Step Lt Fwd (9:00)

**Ending: After count 30 facing (3:00) 7&8 Make 1/4 turn Lt & Shuffle Side Rt (12:00)**

&1 Step Lt next to Rt, Step Rt to Rt kicking Lt to Lt – with Jazz Hands

HAVE FUN ☐