



BroncoBeat

PALOMA 2009

Choreographed by: Sebastiaan Holtland NL & Brandon Cheung Aus (Oct 09)

Music: **Upside Down** by **Paloma Faith** (CD: Do You Want The Truth)

Descriptions: 48 count - 2 wall - Intermediate level line dance

[32 Count Intro – start on vocals](#)

1-8 Side Touch, Side Touch, Back Touch, Back Touch, Side Rock / Recover Cross, Back Step Cross

1&2& Step Rf to the right side, & touch Lf next to Rf, step Lf to the left side, & touch Rf next to Lf weight onto Lf **(12:00)**

3&4& Step Rf back on diagonal, & touch Lf next to Rf, step Lf back on diagonal, & touch Rf next to Lf weight onto Lf **(12)**

5&6 Rock Rf to the right side, recover on Lf, & cross Rf over Lf weight onto Rf

7&8 Step back on Lf, stepping Rf to the right side, & cross Lf over Rf weight onto Lf **(12:00)**

9-16 1/4 Turn L, Side Lunge, Together, Chasse R-L-R With 1/4 Turn R, Side Rock / Recover With 1/4 Turn R, Cross, 1/4 Turn L Back, Back, Touch

1-2 Make a 1/4 turn L & step (lunge) Rf to the right side **(9)**, recover & step Lf next to Rf & take weight onto Lf **(9)**

3&4 Step Rf to the right side, step Lf next to Rf, step Rf to the right side with 1/4 turn right weight onto Rf **(12)**

5&6 Make a 1/4 turn right & rock Lf to the left side **(3)**, recover on Rf, & cross Lf over Rf weight onto Lf

7&8 Make a 1/4 turn left on Lf & stepping back on Rf **(12:00)**, & stepping back on Lf, & touch Rf next to Lf weight onto Lf

17-24 Heel Grind R Fwd, Back Rock / Recover, 1/4 Turn L Chasse R-L-R, Touch, Heel Grind L Fwd, Back Rock / Recover, Lock Shuffle

1&2& Heel grind with Rf (toes from left to right), recover on Lf, rock back on Rf, recover on Lf weight onto Lf **(12)**

3&4& Make a 1/4 turn left & step Rf to the right side **(9)**, & step Lf next to Rf, & step Rf to the right side, & touch Lf next to Rf weight onto Rf

5&6& Heel grind with Lf (toes from right to left), recover on Rf, rock back on Lf, recover on Rf weight onto Rf

7&8 Step forward on Lf, lock Rf behind Lf, & step forward on Lf weight onto Lf **(9:00)**

25-32 Side Rock / Recover With 1/4 Turn L, 1/4 Turn R Back Side Cross, Cross, Back, Tap, Side & Drag, Hold

1&2 Make a 1/4 turn left & rock Rf to the right side **(6)**, recover on Lf, & cross Rf over Lf weight onto Rf

3&4 Make a 1/4 turn right on Rf & step back on Lf **(9)**, step Rf to the right side, & stepping forward Lf weight onto Lf

5-6& Cross Rf over Lf, & step back on Lf, & tap Rf next to Lf holding weight onto Lf

7&8 Step Rf to the right side, & Drag L towards Rf, HOLD **(9:00)**



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RESTART POINT BEGINNING WALL 3 (facing 12 o'clock) Restart AFTER count 32, Then takes weight back on Lf (& count). Then Restart the dance again from the Beginning (9 o'clock)

33-40 Kick & Side Rock / Recover (Slightly Forwards), Kick & Point, Together, Kick & Side Rock / Recover (Slightly Forwards), Kick & Point

1&2& Kicking forward on Lf, step Lf back in place, rock Rf to the right side, recover on Lf **(9)**

3&4& Kicking forward on Rf, step Rf back in place, & point Lf out to the left side, step Lf next to Rf

5&6& Kicking forward on Rf, step Rf back in place, rock Lf to the left side, recover on Rf

7&8 Kicking forward on Lf, step Lf back in place, & point Rf out to the Right side weight onto Lf **(9:00)**

41-48 Cross Samba (Right & Left), 1/4 Pivot L, Run Run R-L, & Heel

1&2 Cross step Rf over Lf, step Lf to the left side & slightly backward, step Rf to the right side & slightly forward **(9)**

3&4 Cross step Lf over Rf, step Rf to the R side & slightly backward, step Lf to the left side & slightly forward

5-6 Pivot 1/4 left, & take weight onto Lf

7&8 Stepping forward on Rf, & stepping forward on Lf, & bring right heel forward (toes up) & holding weight onto Lf **(6:00)**

START AGAIN AND HAVE FUN!

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