

Phloor Philla

Choreographed by Bryan McWherter & Cody Stevens

Description:

Phrased, 4 wall, intermediate line dance

Music:

Floor Filler by A*Teens [125 bpm / CD: Pop 'Til You Drop]

KICK, HITCH, STEP, SQUAT 2X, KICK BALL SQUAT 2X

1&2 Kick right foot forward, hitch right knee, step right foot slightly behind left 3&4& Sit into slight squatting position, stand, sit into slight squatting position, stand 5&6 Kick right foot forward, step right foot into place, step left foot slightly forward and drop into a slight squatting position facing 45 degrees to the right 7&8 Kick right foot forward, step right foot into place, step left foot slightly forward and drop into a slight squatting position facing 45 degrees to the right

TOUCHES, SWIVELS, 1/4 TURN, LONG STEP, TOUCH

1&2& Touch right toe forward, step right foot into place, touch left toe out to left side, step left foot into place

3&4 Touch right toe out to right side, step right foot into place, touch left toe out to left side

5&6 Weight on balls of both feet swivel heels right, center, right (making a ¼ turn to left) putting weight on it

7-8 Long step left foot forward, drag and touch right toe next to left

VINES WITH SHOULDERS VINE RIGHT:

1-4 Grapevine to right Shoulders right option

1& Lift left shoulder up and drop right shoulder down, lift right shoulder up and drop left shoulder

2& Repeat counts 1&

3& Repeat counts 1&

4 Lift left shoulder up and drop right shoulder down

VINE LEFT:

5-8

Grapevine to left

Shoulders left option

5& Lift right shoulder up and drop left shoulder down, lift left shoulder up and drop right shoulder

6& Repeat counts 5&

7& Repeat counts 5&

8 Lift right shoulder up and drop left shoulder down



BACKWARD MASHED POTATOES, TOUCH, KICK BALL CROSS, LONG STEP, TOUCH

&1 Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in

&2 Lift left foot slightly off floor and turn both toes in/heels out, step back onto left foot as you turn both toes out/heels in

&3 Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in

4 Touch left toe next to right foot

5&6 Kick left foot out at an angle to the left, step left foot slightly back, cross step right foot over left

7-8 Long step left foot out to left side, drag and touch right toe next to left

STOMP, HOLD, STOMP, HOLD WITH HAND MOVEMENTS

1-4 Step right foot slightly forward, extending right arm in front of body

As if telling someone to stop on 1

2-3-4

Hold pose

5 Step left foot slightly forward, extending left arm in front of body using full hand palm up to motion for someone to give you something (or to bring it on.) 6-7-8 Hold (foot pose) with hand motions

GALLOP WITH RIGHT ARM MOVEMENTS

&1 Gallop in place starting with your right foot while bringing right fist to a center chest position, gallop in place starting with your left foot while punching right fist up in the air straight above your head

&2 Gallop in place starting with your right foot while bringing right fist to a center chest position, gallop in place starting with your left foot while punching right fist down to right at 45 degree angle

&3 Repeat &1

&4 Gallop in place starting with your right foot while bringing right fist to a center chest position, gallop in place starting with your left foot while punching right fist down across body to the left at 45 degree angle

&5-8 Repeat &1-4 above

REPEAT

"Floor Filler" by the A*Teens is NOT perfectly phrased. You will do the first set of 32 then start the dance over. Do 48 counts through for 5 walls, then just the first set of 32 again, finishing the dance off with one more set of 48. You should end facing the wall you started on

'Phloor Philla'