

Practise Makes Perfect

64 count, 4 wall, Beginner / Intermediate

Choreographer Helen Hargnett (USA)

Choreographed To

One Night At A Time by George Strait; Easy Come Easy Go by George Strait

Beats per Minute 113

Cross Rock, Triple 1/2 Turn, Rock 1/4 Turn, Triple 1/2 Turn.

1Cross Left Over Right And Rock Forward Into 1/4 Turn Right.

2Rock Back Onto Right.

3 & 4Triple Step 1/2 Turn Left Stepping - Left, Right, Left.

5 - 6Pivot 1/4 Turn Left And Rock Back On Right. Rock Forward Onto Left.

7 & 8Triple Step 1/2 Turn Left Stepping - Right, Left, Right.

Note :

You Should Now Be Facing Your Starting Wall.

Cross Rock, Triple 1/2 Turn, Rock 1/4 Turn, Triple 1/2 Turn.

9 – 16 Repeat Steps 1 - 8 (section 1)

Left Heel Hook, Shuffle Step, Right Heel Hook, Shuffle Step.

17 - 18Touch Left Heel Forward. Hook Left Heel Up To Right Knee.

19 & 20Step Forward Left. Step Right Beside Left. Step Forward Left.

21 - 22Touch Right Heel Forward. Hook Right Heel Up To Left Knee.

23 & 24Step Forward Right. Step Left Beside Right. Step Forward Right.

Cross Rocks (travelling Right) & Triple Step.

25 - 26Cross Rock Left Over Right. Rock Back Onto Right.

27 - 28Cross Rock Left Over Right. Rock Back Onto Right.

29 - 30Cross Rock Left Over Right. Rock Back Onto Right.

31 & 32Triple Step In Place - Left, Right, Left.

Note :

During Steps 25 - 30 Travel Slightly Right With Each Step.

Cross Rocks (travelling Left) & Triple Step 1/4 Turn Right.

33 - 34Cross Rock Right Over Left. Rock Back On Left.

35 - 36Cross Rock Right Over Left. Rock Back On Left.

37 - 38Cross Rock Right Over Left. Rock Back On Left.

39 & 40Triple Step 1/4 Turn Right Stepping - Right, Left, Right.

Note :

During Steps 33 - 38 Travel Slightly Left With Each Step.

Step, 1/2 Turn Right, Shuffle, Step, 1/2 Turn Left, Shuffle

41 - 42Step Forward Left. Pivot 1/2 Turn Right.

43 & 44Step Forward Left. Step Right Beside Left. Step Forward Left.

45 - 46Step Forward Right. Pivot 1/2 Turn Left.

47 & 48Step Forward Right. Step Left Beside Right. Step Forward Right.

Step Slide, Shuffle Step, Rock Turn, Triple Turn

49 - 50 Step Forward Left. Slide Right Beside Left.

51 & 52 Step Forward Left. Step Right Beside Left. Step Forward Left.

53 - 54 Rock Forward On Right. Rock Back Onto Left.

55 & 56 Triple Step 1/2 Turn Right Stepping - Right, Left, Right.

Step Slide, Shuffle Step, Rock Turn, Triple Turn

57 - 58 Step Forward Left. Slide Right Next To Left

59 & 60 Step Forward Left. Step Right Beside Left. Step Forward Left.

61 - 62 Rock Forward On Right. Rock Back Onto Left.

63 & 64 Triple Step 1/2 Turn Right Stepping - Right, Left, Right.

‘Practice Makes Perfect’