



BroncoBeat

RISE ABOVE

Choreographed by: Neville Fitzgerald (United Kingdom)

Julie Harris (United Kingdom)

Music: **Rise Above 1** by **Reeve Carney feat. Bono & The Edge**

Descriptions: 32 count, 4 wall, Intermediate level line dance

Starts After 32 Counts.

Press, Back, Back, Back, Coaster Step, Rock Step, 1/2, 1/2, 1/4.

1 Press forward on Left. (rising up on ball & lifting Right off floor behind).

2&3 Run back Right-Left-Right.

4&5 Step back on Left, step Right next to Left, step forward on Left.

6-7 Rock forward on Right, recover Left.

8&1 Make 1/2 turn to Right stepping forward on Right, 1/2 turn Right stepping back on Left, 1/4 turn Right stepping Right to Right side.

Rock & Side, Behind, 1/4, 1/4, Rock & 1/4, 1/2.

2&3 Cross rock Left behind Right, recover on Right, step Left to Left side.

4&5 Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left, 1/4 Left stepping Right to Right to Right side.

6&7 Cross rock Left behind Right, recover on Right, make 1/4 turn to Right stepping back on Left.

8 Make 1/2 turn to Right stepping forward on Right. ****R****

Step, Step 1/2, 1/4, Behind & Rock Step, & Step, Run, Run, Run.

1 Step forward on Left.

2&3 Step forward on Right, pivot 1/2 turn to Left, 1/4 turn to Left stepping Right to Right side.

4&5 Cross step Left behind Right, step Right to Right side, cross rock Left over Right.

6&7 Recover on Right, step Left to Left side, step forward on Right.

8&1 Run forward Left-Right-Left.

Mambo Step, Rock & 1/4, Sailor 1&1/4.

2&3 Rock forward on Right, recover on Left, step back on Right.

4&5 Cross rock Left behind Right, recover on Right, make 1/4 turn to Right stepping back on Left.

6&7 Make 1/4 turn to Right stepping Right behind Left, step Left next to Right, 1/2 turn to Right stepping forward on Right.

&8 Step Left next to Right, make 1/2 turn to Right stepping forward on Right. (sailor 1&1/4)

R RESTART: <u>Wall 3 & Wall 6</u>, Dance Up To & Including Count 8 (16) Section 2.. Then Restart Dance From Beginning Facing Front.
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