

Rockin' That Body Body

Choreographed by: Michele Perron, DANCE Expressions (Dec 09)
Music: **Body, Body** by **Massari** (CD: 128bpm)
Descriptions: 64 count - 2 wall - Intermediate/Advanced level line dance
Introduction: 48 Counts
Dance: 64, 64, Bridge, 64, 64, Bridge, 64....

1-8 Across, Back, Side; L Cha Forward, Forward-Back, Cha Cha Turn

1-3 RIGHT Step across front of L; LEFT Step back; RIGHT Step side R
4&5 LEFT Cha Cha forward (locking)
6,7 RIGHT Break/Step forward; LEFT Recover/Step back
8&1 Turn 1/2 R with RIGHT Cha Cha (locking) **(6 o'clock)**

9-16 Forward, Turn, L Crossing Cha, Side/Rock, Recover/Side, R Crossing Cha

2,3 LEFT Step forward; Turn 1/4 R with RIGHT Step side R **(9 o'clock)**
4&5 LEFT Crossing Cha Cha (L across front of R, R side R, L across front of R)
6,7 RIGHT Rock/Step side R; LEFT Recover/Step side L
8&1 RIGHT Crossing Cha Cha (R across front of L, L side L, R across front of L)

17-24 Turn, Drag, Run-Run-Run, Forward, Back, Run-Run-Run

2,3 Turn 1/4 L with LEFT Step forward; RIGHT 'Drag' to L **(6 o'clock)**
4&5 RIGHT, LEFT, RIGHT Steps forward
6,7 LEFT Break/Step forward; RIGHT Recover/Step back
8&1 LEFT, RIGHT, LEFT Steps back

25-32 Back, Forward, Forward-Turn, Forward-Turn, Forward-Turn (3 Paddle Turns)

2,3 RIGHT Break/Step back; LEFT Recover/Step forward
4,5 RIGHT Step forward; Turn 1/4 L with LEFT Step side L **(3 o'clock)**
6,7 RIGHT Step forward; Turn 1/4 L with LEFT Step side L **(12 o'clock)**
8,1 RIGHT Step forward; Turn 1/4 L with LEFT Step side L **(9 o'clock)**

33-40 Touch, Hold Cha Cha Side: Repeat

2,3 RIGHT Toe/Touch across front of L; HOLD
4&5 RIGHT Cha Cha side R
6,7 LEFT Toe/Touch across front of R; HOLD
8&1 LEFT Cha Cha side L

41-48 Back, Forward, Turn, Back, Back, Forward, Cha Cha Forward

2,3 RIGHT Rock/Step back; LEFT Recover/Step forward
4,5 Turn 1/2 L with RIGHT Step back; LEFT Step back **(3 o'clock)**
6,7 RIGHT Rock/Step back; LEFT Recover/Step forward
8&1 RIGHT Cha Cha forward

49-56 Forward, Turn, Forward, Turn, Across, Back, Side

2,3 LEFT Step forward; Turn 1/2 R with RIGHT Step forward **(9 o'clock)**
4,5 LEFT Step forward; Turn 1/2 R with RIGHT Step forward **(3 o'clock)**
6,7,8 LEFT Step across front of R; RIGHT Step back; LEFT Step side L

57-64 Side, Touch 3x, Side, Hold

1,2 RIGHT Step side R with 1/4 Turn L; LEFT Toe/Touch beside R **(12 o'clock)**

3,4 LEFT Step side L; RIGHT Toe/Touch beside L

5,6 RIGHT Step side R with 1/2 Turn L; LEFT Toe/Touch beside R **(6 o'clock)**

7,8 LEFT Step side L; HOLD

BRIDGE: 8 Counts

1,2 RIGHT Step across front of L; LEFT Step back

3,4 RIGHT Step side R; LEFT Step forward

5-8 Circle Hips or Hip Bumps, weight ends on L or Use these 8 Counts for your own

choreography and do something with your 'Body Body'...Smiles

Bridge OCCURS on front wall two times

REPEAT

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