

# SAILING

Choreographed by:Jo & John Kinser (Mar 06)
Music:Sailing by Rod Stewart
Descriptions:32 count - 4 wall - Beginner/Intermediate level line dance

### Side Rock Step Fwd, Step Turn Step, Step Lock Step, Rock Step Back

1-2& Step Lt Side Lt, Rock Rt Behind Lt, Recover Weight Lt (Basic Night Club Step) 3-4&5 Step Rt Fwd, Step Lt Fwd, Make 1/2 turn Rt (weight Rt), Step Lt Fwd 6&7 Step Rt Fwd, Lock Lt Behind Rt, Step Rt Fwd

(Intermediate: Full turn Lt – Make 1/2 turn Lt step back Rt, Make 1/2 turn Lt step fwd Lt, Step forward Rt)

8&1 Rock Fwd Lt, Replace Weight Rt, Step Lt Back

### Sweep Sweep & Cross, Rock Step Cross, Turn Turn Cross

2-3 Sweep Rt around and step Back, Sweep Lt around and step Back 4&5 Sweep Rt around and step behind Lt, Step Lt Side Lt, Step Rt over Lt 6&7 Rock Lt Side Lt, Replace weight Rt, Step Lt over Rt 8&1 Make 1/4 turn Lt Stepping Rt Back, Make 1/4 turn Lt Stepping Lt side Lt, Step Rt over Lt

#### Turn Turn Fwd, Rock Turn Step, Rock Turn Step, 1-1/4 Turn

2&3 Make 1/4 turn Rt Stepping Lt Back, Make 1/4 turn Rt Stepping Rt side Rt, Step Lt Fwd

4&5 Rock Rt Fwd, Replace weight Lt, Make 1/2 turn Rt Stepping Rt Fwd 6&7 Rock Lt Fwd, Replace weight Rt, Make 1/2 turn Lt Stepping Lt Fwd 8&1 Make 1/2 turn Lt stepping Rt Back, Make 1/2 turn Lt stepping Rt Side Rt

(Beginner: Walk Fwd Rt, Lt, 1/4 turn Lt Step Rt Side Rt)

## Rock Step Side, Rock Step Side, Sway, Sway, Rock Step

2&3 Rock Lt Behind Rt, Replace weight Rt, Step Lt side Lt (Basic Night Club Step) 4&5 Rock Rt Behind Lt, Replace weight Lt, Step Rt side Rt (Basic Night Club Step) 6-7 Transfer weight Lt (Sway), Transfer weight Rt (Sway) 8& Rock Lt Behind Rt, Replace weight Rt

#### **Start Again!**

TAG: AFTER 4TH WALL THERE ARE 2 COUNTS BEFORE THE 5TH WALL

1-2 Step Lt Side Lt (Sway), Transfer weight Rt (Sway)