

# What Makes A Man

CD 142-2

Music: What Makes A Man - Westlife  
Choreography: Brett Jenkins  
Level: Advanced  
Walls: 1  
Count: 50  
Bridge/restart: restart, tag  
Start: Feet together, weight on left foot  
16 count intro. Start on word 'by'

Note: the beat is hard to pick up at times during the song, especially the first & 2nd wall's up to the restart (the restart is fairly obvious in the music once you feel the beat). The steps themselves are not all that difficult, however keeping the beat makes it an advanced dance.

**\* Step, sweep&step, ball-cross, sweep&back, rock, recover, ball-step, 1/2L pivot:**

- 1- 2 Step RIGHT forward,  
sweep LEFT foot forward in an arc & step LEFT forward,
- &3- 4 Step RIGHT to RIGHT side (on &), cross LEFT behind RIGHT,  
sweep RIGHT foot back in an arc & step RIGHT back,
- 5- 6 Rock/step LEFT back, recover weight onto RIGHT,
- &7- 8 Step LEFT beside RIGHT (on &), step RIGHT forward,  
1/2 pivot turn LEFT (weight on LEFT),

**\* Samba, cross (&), side-rock, recover, rock, recover, 3/4L, step:**

- 9&10 Cross RIGHT over LEFT, rock/step LEFT to LEFT side,  
recover weight onto RIGHT,
- &11-12 Cross LEFT over RIGHT, rock/step RIGHT to RIGHT side,  
recover weight onto LEFT,
- 13-14 Rock/step RIGHT back, recover weight onto LEFT,
- &15-16 Step RIGHT to RIGHT side & 1/4 turn LEFT (on &),  
step LEFT back & 1/2 turn LEFT, step RIGHT forward,

**\* Rock, recover, ball-step, 3/4L pivot, side, sailor, back:**

- 17-18& Rock/step LEFT forward, recover weight onto RIGHT,  
step LEFT beside RIGHT,
- 19-20 Step RIGHT forward, 3/4 pivot turn LEFT  
(end weight on LEFT crossed over RIGHT),
- 21 Step RIGHT to RIGHT side,
- &22&23 Drag LEFT towards RIGHT (on &), cross LEFT behind RIGHT,  
step RIGHT to RIGHT side, step LEFT to LEFT side,
- 24 Step RIGHT back,

**\* Back, back, coaster, rock, recover & 1/2R hinge, ball-cross, side:**

- 25-26 Step LEFT back & sweep RIGHT back in an arc,  
step RIGHT back & sweep LEFT back in an arc,
- 27&28 Step LEFT back, step RIGHT together, step LEFT forward,
- 29-30 Rock/step RIGHT to RIGHT side,  
replace weight on LEFT & 1/2 hinge turn RIGHT,
- &31-32 Step RIGHT to RIGHT side (on &), cross LEFT over RIGHT,  
step RIGHT to RIGHT side,

**\* Sailor & 1/4L, full spin, step, rock, recover, ball-step, 1/4L pivot:**

33&34 Sailor (L,R,L) & 1/4 turn LEFT,  
&35-36 Step RIGHT forward & 1/2 turn LEFT,  
step LEFT back & 1/2 turn LEFT, step RIGHT forward,  
37-38 Rock/step LEFT forward, recover weight onto RIGHT,  
&39-40 Step LEFT beside RIGHT (on &), step RIGHT forward,  
1/4 pivot turn LEFT (weight on LEFT), \*\*restart\*\*

**\* Cross-shuffle, rock, recover & 1/2L hinge, ball-shuffle fwd, rock, recover & 1/2L:**

41&42 Cross RIGHT over LEFT, step LEFT to LEFT, cross RIGHT over LEFT,  
43-44& Rock/step LEFT to LEFT side,  
recover weight onto RIGHT & 1/2 hinge turn LEFT,  
step LEFT to LEFT side,  
45&46 Shuffle forward (R,L,R),  
47-48 Rock/step LEFT forward,  
recover weight onto RIGHT & 1/2 turn LEFT  
(Option: hook LEFT foot under RIGHT knee on last count)

**\* Shuffle fwd:**

49&50 Shuffle forward (L,R,L).

**Repeat**

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**Restart:** On the 2nd wall, dance up to beat 40 and restart dance.

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**Tag:** At the end of the 4th wall add:

--- 1-2& Rock/step RIGHT to RIGHT side,  
replace weight onto LEFT, step RIGHT beside LEFT (on &),  
3-4& Rock/step LEFT to LEFT side,  
replace weight onto RIGHT, step LEFT beside RIGHT (on &),  
5- 6 Step RIGHT forward, step LEFT forward.