

WORD UP

Choreographed by Crazy Chris (UK)
Choreographed to "Word Up" by Cameo
32 Count - 4 wall line dance - Intermediate level

48 count intro

KICK HITCH, & TOUCH TOUCH FLICK, BUMP & BUMP, BUMP & ¼ TURN

1,2 KICK R TO R SIDE, HITCH R KNEE ACROSS L.
&3&4 STEP R BESIDE L, POINT L FORWARD, POINT L TO L SIDE, FLICK L BEHIND R KNEE SLAPPING HAND ON FOOT.
5&6 STEP BACK ON L BUMPING HIPS BACK, BUMP HIPS FORWARD, BUMP HIPS BACK.
7&8 BUMP HIPS FORWARD, BUMP HIPS BACK, BUMP HIPS FORWARD TURNING ¼ TURN L.

BEHIND & INFRONT, ROCK & CROSS, ROCK RECOVER, SAILOR ½ TURN CROSS

1&2 STEP L BEHIND R, STEP R TO R SIDE, STEP L ACROSS R.
3&4 ROCK R TO R SIDE, RECOVER ONTO L, CROSS R OVER LEFT.
5,6 ROCK L TO L SIDE, RECOVER ONTO R.
7&8 STEP L BEHIND R, TURN ½ TURN OVER L SHOULDER STEPPING R TO R SIDE, CROSS L OVER R.

STEP CROSS, ROCK RECOVER, CROSS SHUFFLE, BUMP & BUMP, ¼ TURN BUMP & BUMP

1,2 STEP R TO R SIDE, CROSS L OVER R.
3&4 ROCK R TO R SIDE, RECOVER ONTO L, CROSS R OVER L.
5&6 STEP L TO L SIDE BUMPING HIPS L, BUMP HIPS R, BUMP HIPS L.
7&8 ¼ TURN R STEPPING R TO R SIDE BUMPING HIPS R, BUMP HIPS L, BUMP HIPS R.

¼ TURN BUMP & BUMP, ROCK RECOVER ¼ TURN, STEP ½ TURN STEP, STEP ¾ TURN

1&2 ¼ TURN R STEPPING L TO L SIDE BUMPING HIPS L, BUMP HIPS R, BUMP HIPS L.
3&4 ROCK R DIOGANNALY BACK, RECOVER ONTO L, ¼ TURN R STEPPING FORWARD R.
5&6 STEP FORWARD L, ½ TURN OVER R SHOULDER STEPPING FORWARD ONTO R, STEP FORWARD ONTO L.
7,8 STEP FORWARD ONTO R, ¾ TURN OVER L SHOULDER TAKING WEIGHT ONTO L.